

Initial Enquiry Sanctuary Respite Centre

Please either complete this form and fax back to
Respite Services or call Respite Services
Phone: (02) 9879 2600
Fax: (02) 9879 2699

This form is to be completed as an initial enquiry into the
availability of respite at the Sanctuary Respite Centre



Contact Information

Contact Name

Organisation

Phone

Email

Carer/Care Recipient Information

Name

Address

Phone

Mobile

Email

Fax

Arrival Date

___ / ___ / ___
DD MM YY

Departure Date

___ / ___ / ___
DD MM YY

Total Number
of Adults

Total Number of
Children

Please state the total number of each bed required

Single

Double

Respite Services

Locked Bag 5014
Gladesville
NSW 1675

Building 36 Digby Road
Old Gladesville Hospital
Gladesville
NSW 2111

Phone: (02) 9879 2600

Fax: (02) 9879 2699

Email: respite-admin@sfnsw.org.au

Web: www.sfnsw.org.au

Respite Services of the Schizophrenia Fellowship of
NSW Inc. is funded by the Australian Government
under the Mental Health Respite Program

A Service of the
Schizophrenia Fellowship of NSW Inc.

Sanctuary Respite Centre



Sanctuary Respite Centre

The Sanctuary Respite Centre offers a short break for carers, their families and friends who are affected by a mental illness.

A carer is a person who provides regular or sustained care and assistance to another person without payment for their caring role

Are You A Carer?

A carer does not have to live with or be related to the person with a mental illness.



The Cottages

The Sanctuary Respite Centre is located at North Head, Manly and consists of two charming self contained cottages. These cottages are designed to enhance the respite experience. Whilst the guests stay at the Sanctuary Respite Centre they will be able to relax, reflect and enjoy the local surrounds.

Educational Component

The Sanctuary Respite Centre provides a variety of educational programs. Trained staff will tailor and deliver these programs to meet the needs of the guests during their stay.

These programs include but are not limited to:

Bushwalking
Bush Regeneration
Stress Management
Workshops on Mental Health Topics
Health and Fitness Topics



Enquiries, Referrals and Costs

Please call the Schizophrenia Fellowship of NSW Inc. on

(02) 9879 2600

and speak to a member of the Respite Services team;
or call the

Commonwealth Respite and Carelink Centre on
1800 059 059

