

**Pioneer
Clubhouse
E & E Newsletter**

Mar-Apr 2011

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E&E Dinner on Wednesday 2nd March

What a wonderful night we had on the 2nd of March 2011!

The Clubhouse hosted not only our American Guests, but the TEP Employers who all spoke very warmly of their experiences with our Clubhouse Members.



LEFT to RIGHT: David G (Chair Pioneer Clubhouse), Jak D, (Pioneer staff) Hendrik V (Balgowlah RSL), Carol Y (Warringah Library Services), Wendy F (Manly Library), Ken H (North Manly Bowling Club), Janet, Stephanie, Daniel and Chris (Pioneer Members).

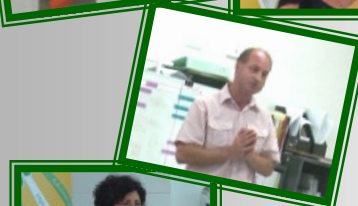
The RAM Unit put in a Superlative effort to produce a magnificent feast which impressed all who attended.

We would like to make a special mention of thanks to the wonderful RAM team who worked 'Like Trojans' all day long, not only providing lunch but then leading the 'Dinner Team' as well. Also to staff another "Thank You" for your hard work to make the evening the resounding success that it was!

To all the members who pitched in and helped with the preparation, AND, clean up..... You were terrific! It made such a difference to have your help!!!

These E&E Dinners are an important part of the Clubhouse Program. They offer a

chance for working members to socialize with us and we can all benefit from hearing about their experiences in the 'Working World.' Those members busy with studies also have the opportunity to come along after TAFE / UNI etc and catch up with Clubhouse friends.



Members' Testimonials



I have been a member of Pioneer Clubhouse for the past seven to eight years, during this time my experience with Pioneer Clubhouse has been enlighten to say the least.

Most recently after being lost in the direction I should take in my life I returned to

Clubhouse where I met Jak, with some guidance & coaching I was able to make the next step which led me to Ostara Australia and Adrian Lee-Archer.

With both Pioneer Clubhouse & Ostara Australia working in unison I was enabled to study under the tuition of Maria Nizzetil.

In September I will be sitting my exam for an A.M.B.E. in piano tuition. With this qualification I will be able to enhance my financial situation.

Many thanks to Jak, Adrian, & Jason, the staff, especially the members for all their understanding & encouragement without this; I would not be where I am today.

Matt F.

I have been a member of Pioneer Clubhouse for approx 6 years.

The early years were difficult I am Bi-Polar. I was incorrectly medicated for about 10 years. I had been coming to clubhouse about 1 or 2 days per week but I didn't really get involved in the Work Ordered Day in the early years, anyway things came to a head about 15 months ago I became very depressed and after an over dose I found myself in ICU at Manly Hospital. When I woke up after a couple of days there sitting beside me was a staff member of Pioneer Clubhouse. The next day the Clubhouse Director came to see me and I gradually recovered, they changed my medication and quite frankly I feel like I have been born again, "not in a biblical sense" for the last 9 months I have been an active member in The Restaurant & Maintenance Unit (RAM) and things have progressed so well for me that I have started a TEP (Transitional Employment Placement) at Balgowlah RSL its only 9 hours per week but it's a great start. I feel very grateful for what all the staff have done for me and the other members at clubhouse. I think we are very lucky on the northern beaches to have mental health rehabilitation program like Pioneer Clubhouse on our door step.

Well Done!! Pioneer Clubhouse

Paul C.



OSTARA UPDATES



We are still working on the updates. A meeting will be held with Adrian shortly, and we are also in a process of putting a MOU in place between Ostara and Pioneer, which will be rescheduled soon.

Employment Training Opportunity

Ostara Disability Employment is undertaking training for

Back to Work Skills.

Workshops will be delivered at Pioneer Clubhouse,

Employment & Education Unit.

This training is open to all Clubhouse members who are registered with Ostara

When: Every Friday for 10 weeks

Where: E&E Unit

What time: 10-1pm

We are going to commence the morning sessions as soon as the places are filled, so be quick!!



Creative Writing

When: Every Wednesday

1:30-2:30pm

Where: Kalori, Manly Hospital

Facilitated by Kieran

More Info: 9976 9602

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