

Annual Report  
2003 – 2004

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'...I think I will go marching,  
this is what has to be done.'

LORRAINE ROBERTS, CARER

'Why should the most vulnerable people in our community  
be the least cared for?'

NORMA SMITH (75) AGENT OF CHANGE



# Schizophrenia Fellowship of NSW Inc.

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## MISSION STATEMENT

The Schizophrenia Fellowship of New South Wales Inc is committed to improving the circumstance and welfare of people living with serious mental illness, their carers and relatives, and professionals working in the area.

The Fellowship works to:

- Eliminate stigma and create a society that is understanding and accepting;
- Ensure that people with serious mental illness, especially schizophrenia, and their carers and relatives have access to information and appropriate services;
- Advocate on behalf of people with serious mental illness, especially schizophrenia, their carers and relatives and mental health professionals, for better government policy in the areas of research, treatment, rehabilitation, housing and other relevant areas;
- Provide innovative programmes and support; and
- Ensure that the Fellowship has effective and accountable management.

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### **Schizophrenia Fellowship of New South Wales Inc.**

Building 37 Digby Road, Gladesville Hospital, Gladesville, NSW 2111

**POSTAL ADDRESS** Locked Bag 5014, Gladesville NSW, 1675

**TELEPHONE** (02) 9879 2600 **FAX** (02) 9879 2699

**EMAIL** admin@sfnsw.org.au

**WEBSITE** www.sfnsw.org.au

Endorsed DTR (Deductible Tax Recipient) 24-40-01

The Schizophrenia Fellowship is supported by the NSW Department of Health and by private and company donations.

## MEMBERS

Consumers  
Carers  
Mental Health Workers  
Supporters and friends

## MANAGEMENT COMMITTEE

**PRESIDENT** Judge Frank Walker (Judge and Carer)  
**VICE PRESIDENT** Alex Rivers (Snr University Lecturer & Carer)  
**SECRETARY** Margaret White (Lawyer ABD and Carer)  
**TREASURER** John Neely (Accountant)  
**MEMBERS OF THE MANAGEMENT COMMITTEE** Simon Champ (Consumer), Dr Anthony Harris (Psychiatrist), Judy Hopwood (Parliamentarian), John Neely (Public Servant), Dianne Ross (Public Servant and Carer), Trish Stenning (Retired Nurse and Carer), Dr Chris Clarke (Clinical Psychologist), Lorraine Wright (Consumer)

## COMMITTEES

**FINANCE AND EXECUTIVE CHAIR** Frank Walker  
**SUNFLOWER CLUB CHAIR** Tori Pollard  
**SYMPOSIUM CHAIR** Pam Bruce  
**AWARENESS WEEK CHAIR** Rob Ramjan  
**SPECIAL HOUSING PROJECT CHAIR** Sue Sacker  
**RESEARCH TRUST FUND CHAIR** Dr Patrick Toohey  
**CARERS SUPPORT UNIT ADVISORY COMMITTEE CHAIR** Rob Ramjan  
**EDUCATION PROGRAMME ADVISORY COMMITTEE CHAIR** Sue Sacker

## STAFF

**EXECUTIVE OFFICER** Rob Ramjan FT  
**GENERAL MANAGER** Sue Sacker FT  
**DIRECTOR FINANCE** John McAuliffe .4FTE  
**BOOK KEEPER** Barbara Kaminska FT  
**VOLUNTEERS** Susie Allnutt .6FTE  
**MEMBERSHIP AND EVENTS** Pam Bruce .2FTE  
**NESB/GREEK CDO** Theodora Christophides .6FTE  
**EDUCATION AND TRAINING PROJECT OFFICER** Christine Taylor .8FTE  
**CLERICAL ASSISTANT** Emma Cartland .5FTE  
**CLERICAL ASSISTANT** Dinh Sievwright FT  
**HUNTER AREA CDO** Allison Brown .6FTE  
**GREATER MURRAY CDO** Christine Huntsdale .6FTE  
**CO-ORDINATOR OF SUPPORT SERVICES** Scott Thompson (from 1/04) .6FTE  
**ADVOCACY OFFICER** Anne Lanham (from 1/04) .2FTE

## TELEPHONE SERVICE VOLUNTEERS

Jess Bailey, Johanna Blows, Peter Bubb, Cassandra Cassis, Lisa Cull, Blake Dear, Pat Diana, Lauren Gillett, Hoong Gooi, Steven Giumelli, Bree Hulme, Maureen Kong, Kiran Krisha, Le Le, Lorraine Lim, Yen Lim, Ron McDougall, Joanna McGill, Suyen Moncada, Ethar Naif, Ellen Northcott, Lawrence Ong, Madeline Parnell, Pam Pasut, Mary Ramjan, Matthew Raymond, Kanako Sando, Blanche Savage, Natasha Sekelja, Isabel Smit, Tricia Stenning, Emily Stone, Fleur Taylor, Julie Taylor, Kuhnnylene de Vera, Donald Withers, Yvonne Yoong

## NEWSLETTER VOLUNTEERS

Merryllynne & Jim Bilton, Diana Dallen, David Duvall, Anna Marie Hawkes, Irma McLaren, Anne McPherson, Kathleen Madden, Leigh & Seymour Major, Margaret Merchant, Janette Mitchell, Pam Pasut, Gladys Pfeiger, Jane Rigozzi, Tricia Stenning, Peter Strand, Hugo Techera, Colin & Brenda Thew, Joyce & Ray War, Donald Withers

## STAMPS VOLUNTEERS

Peter Bubb, Kevin Greaney, Donald Withers

## **CARER SUPPORT UNIT**

**MANAGER** Natanya Mandel FTE

**ASSISTANT MANAGER** Angela Milce .8FTE

## **CARER ADVOCATES**

**CENTRAL SYDNEY** Julie Taylor .6FTE

**HUNTER REGION** Natalie Joy .6FTE

**MACQUARIE REGION** Cindy Neilson .6FTE

**MID NORTH COAST** Gary Thomas .6FTE

**MURRAY REGION** Andrea Kurta .6FTE

**NORTHERN SYDNEY** Pam Bruce .6FTE

**SOUTH WEST SYDNEY** Rosie Wildesen .6FTE

## **PIONEER CLUBHOUSE MANAGEMENT COMMITTEE**

**CHAIR** Rev David Gore

**TREASURER** Jane Randall

**SECRETARY** Mark McMahon

**OTHER COMMITTEE MEMBERS** Clubhouse members and members of the local community

**DIRECTOR** Bill Gye (1.04.04) FTE

## **STAFF**

Edita Everett (0.5FTE), Daniel Costin (8.3.04) (0.5FTE), Robyn Murphy, Bethany Wilkinson (4.8.03), Sharnie Connell, Lorrie Louws (15.04.04)

## **JOB NETWORK PROGRAMME**

David Gillings, Daniel Costin (8.3.04) (0.5FTE), Edita Everett (0.5FTE),

## **FORENSIC SERVICE**

In recess

## **SUPPORT GROUPS**

24 SFNSW Support Groups

Committee of Group Leader, Secretary and Treasurer

Group Leaders: Joshua Avi-Gur, , Satu Beverley, Pat Boydell, Allison Brown, Joy Close, Christine Huntsdale, Elizabeth Ingram, Belinda Lane, Sheila Openshaw, Sue Perkins, Ann Renton, Lynelle Skinner, Jon Strang, Patricia Thomas, Joan Wakeford, Ian Walker, Peta Woods

## **ONFIRE**

**DIRECTOR** Nicolas Yu (Volunteer and Carer)

## **RESEARCH TRUST FUND**

Frank Walker, Alex Rivers, Gerald Smith, Tim Potter, John McAuliffe (Treasurer).

## **ASSOCIATED SUPPORT GROUPS**

11 Independent but share our resources

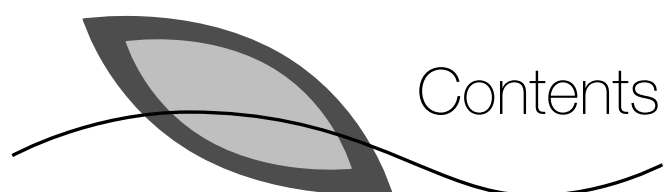
## **AUDITORS**

Wallace & Barrow

## **SOLICITORS**

Mallesons Stephen Jacques

Blake Dawson Waldron



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This year I thought it appropriate in my annual report to sit back and make a longer 5 year review of the Fellowship's development between 1999 and 2004. Such a perspective allows us to understand the amazing progress of our organisation in recent years and to fully appreciate the magnificent work that has been carried out by Rob Ramjan and his staff.

In 1999 the Fellowship was housed in cramped consumer, carer and staff unfriendly offices at Macquarie Hospital. The Fellowship's resources were very limited. Only senior staff had computers and we had 3 telephone lines to run the day to day business as well as our telephone counselling service. I recall the photocopier was a disaster, our library was tiny and the furniture was on its last legs.

At that time we had 5 full time office staff and when the Pioneer Clubhouse staff were added an equivalent of 11 full time staff. Our greatest assets were the energy and enthusiasm of our staff, our gallant band of volunteers and the backing of our support groups. Our greatest problem was an ever increasing demand for advocacy and services and very limited physical and financial resources to meet that demand.

The 1999 annual report shows income of \$429,133 and expenditure of \$478,836. The bad news was that we were in the red and needed to raise a lot more revenue at a time when demands for our services were rapidly increasing.

Thanks to the good offices of the then Health Minister, Andrew Refshauge, we were granted a lease on our current more spacious premises at Gladesville. That was a great step forward but brought with it the problem of renovating a historic building as well as providing modern office equipment and telecommunication services for the staff and volunteers.

My previous reports chronicle our trials and tribulations, glories and successes, as we were able to gradually renovate our beautiful building, modernise our computer and telephone systems, obtain modern furniture and open the Simon Champ Library and the Les Maurer Training Centre. Our supporters were extremely generous and with additional Government and private sector grants we have been able to modernise the Fellowship and greatly increase our programs and services.

The 2003-4 budget was \$1.5 million and we have been able to spend every cent of it. To demonstrate just how far we have managed to come in 5 years I need only list our current services.

## SERVICES

- Pioneer Clubhouse- incorporating Job Network, the Personal Support Program and Department of Education and Training employment program.
- Billabong Club house- we established the now free standing Billabong Clubhouse at Tamworth.
- We are well advanced in the development of new Clubhouses in Wagga Wagga, Wollongong and Port Macquarie and operate a NSW Clubhouse Development Team.
- We provide, as always, a well trained and enthusiastic telephone support service to consumers and their carers.
- We developed best practice guidelines for the treatment of schizophrenia and holistic care.
- We have established the Carers Support Unit and have implemented the Wellways education program for carers.
- We developed our Greek Housing program which has doubled in size.
- We are in the final stages of developing a housing program with the Departments of Health and Housing that will house consumer tenants. That program involves a contribution of 20 per cent from carers to cover the capital cost of the housing and the support of the consumer in it.
- We have initiated community development programs in Wagga Wagga and the Hunter. We also have the Helping Hands program at Nowra.
- We have established an Education Unit incorporating training and programs for schools, professional education and consumer education.
- We have improved liaison with our support groups and have developed new groups (we now have a total of 24 support groups and 11 associated groups).

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*Judge Frank Walker*



- A weight reduction program has been established for consumers
- A creative writing program has been established for consumers.
- The Fellowship website has been designed and updated and proved a most popular site not only in NSW but throughout Australia and internationally.
- Our advocacy services have become much more professional as the recent campaigns to put Abilify and Consta on the PBS have demonstrated.
- The Sunflower Club was established as a major fund raising project and we continue to develop that concept.
- The 'On Fire' program for young carers was established and continues to develop.
- The Research Trust Fund has made a number of grants to important scientific projects.
- Schizophrenia Awareness Week has become bigger and better. Our Symposium now attracts internationally renowned speakers who provide excellent media exposure. We now produce television advertisements and library displays as well as the traditional cultural events.
- We have commenced a program of parliamentary lunches to publicise our cause, raise funds and educate politicians.
- We were heavily involved in the establishment of the Parliamentary Friends of Schizophrenia group in the Federal Parliament.
- I serve on the Board of the Mental Illness Fellowship of Australia – our peak National body. That body lobbies the Federal Government on our behalf. I also serve on a Committee established by the Minister for Health to implement the reforms recommended by the recent Select Committee into Mental Health in NSW.
- Our Fellowship has representation through Alex Rivers, the Fellowship's Vice President, on the Department of Health's Carers Reference Committee and the NISAD Board.
- We were a founding member of the Reform Alliance for Mental Health which is constituted by all the key stakeholders in the mental health arena.

## **STAFF**

The staff of the Fellowship has expanded in the past 5 years to 43 representing 28 full time positions. We have paid particular attention to modernising our accounting systems and our quality control in the development of our services. Our programs now meet national standards and have the confidence of the many government departments and agencies that use us as an auspice for funding projects.

I must say I have the greatest admiration for the professionalism, enthusiasm and commitment to our cause demonstrated by our growing band of staffers. The larger organisations become the more conflicts tend to develop but currently our workforce is operating as a happy dedicated team and deserves a big thank you not only for their skills but for their team spirit.

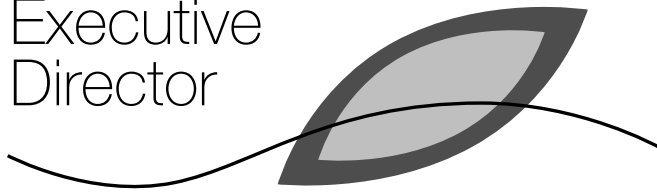
In the past I have individually thanked our staff but now we have 43 that task is beyond this report. On your behalf I extend my gratitude to them all and on my behalf my special thanks to Rob Ramjan, Sue Sacker and John McAuliffe who look after their President very well indeed.

I believe the past year has been the most successful in a long time and that success was the result of the work not only of our paid workforce but the combined efforts of our support groups, volunteers and membership.

Finally I would like to pay tribute to the Committee that governs the Fellowship. That body is drawn from consumers, carers and health professionals who have displayed great wisdom in making the right decisions about all these hard questions generated by our growing pains and have ensured that the Fellowship prospers and grows and most importantly the quality of life of our consumers improves.

**Frank Walker**  
*President*

## Executive Director



The 2003-4 financial year has been frenetic, full of accomplishment and a few disappointments. My habit on many years in writing a report for the Annual Report is to make lists of what we have done and what was significant. This covers over five pages of small notes and I haven't yet started on what did we miss and what could we have done better. I will try to cover this as best I can in the limited space.

This has been a year of dramatically increased advocacy on a number of fronts. The establishment of our formal advocacy group, Agents of Change, has been critical to the process and has been an overwhelming success. Over the year we have had to fight for the renewal of the National Mental Health Plan, the listing of atypical medications including Abilify and the injectable atypical, Consta, the continued funding of Helping Hands and most importantly an increase in the share of the Health Budget at both state and federal levels going to mental health. We have succeeded on all except the last.

Focus on difficulties with the current system for the Pharmaceutical Benefits Scheme became crystal clear when I spoke at a national conference titled 'Sustaining the PBS'. It became clear that medications for mental illness, especially those for schizophrenia, were at a disadvantage. Campaigns for the above two medications followed with many members joining in the second campaign. It is most pleasing to note that Abilify is now available to people in Australia and that Consta has been recommended for listing by the Pharmaceutical Benefits Advisory Committee. No one medication will solve the problem of schizophrenia, but the increase in the available range should mean that more people will have access to a medication that will work for them.

Our Agents of Change have succeeded at their first attempt and are to be firmly congratulated for their many efforts. There has been a massive subsidiary benefit from the actions of the Agents. The issue of mental illness and psychiatric disability has gone up on the political radar screen and we must work hard to keep it there. The timing is right and the movement is definitely on. I attended the launch of the Parliamentary Friends of Schizophrenia in the Federal Parliament in June this year. There are now 44 current members of Parliament who are members of this group and it is a great leap forward.

Within NSW, the Fellowship is a foundation member of the Reform Alliance for Mental Health (RAMH). RAMH formed early this year and has strong and broad membership. The Fellowship has been very active in meeting with politicians, both state and federal, and we have received wonderful support.

I would particularly like to note Arthur Chesterfield Evans who has demonstrated a long commitment to our issues, Daryl McGuire who has been a great support to our Wagga Wagga branch, Rob Oakshotte who is patron of our Port Macquarie group, Tony McGrane who is patron of our services at Dubbo, David Barr who supports our services on the Northern Beaches of Sydney, Virginia Judge who is addressing mental health issues in the Inner West, Clover Moore who, as Lord Mayor of Sydney, is trying to improve circumstances for people with a mental illness in that municipality and finally but certainly not last, Judy Hopwood who is a member of the Fellowship's Board and very committed to our cause.

The NSW Minister for Health, Morris Iemma, has been willing to listen to our concerns and hopes and has been a champion for improving services for people with a mental illness and their carers. We have had productive formal meetings with Barry O'Farrell, NSW Shadow Minister for Health, Dr Andrew Reshaug, NSW Deputy Premier and Minister for Education, Tony Abbott, Federal Minister for Health, Julia Gillard, Federal Shadow Minister for Health and Alan Cadman, Member for Mitchell. Numerous other members of both state and federal parliament have been involved in our activities and some are noted below.

It is worthy of note that Frank Walker, President, has been appointed to the Minister for Health's Implementation Committee. Frank was also elected Vice President of the Mental Illness Fellowship of Australia, our national body. Alex Rivers, Vice President, was elected to the executive of the Mental Health Co-ordinating Council.

Over the last 12 months, a number of our services have either grown or become funded on a recurrent basis. The Carers Support Unit (CSU) has doubled in size by staff numbers but has far exceeded that in service delivery. We now have two

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*Rob Ramjan*



formal carer's resource Centres established, and it was most pleasing to see the Federal member, Kay Hull, present at the opening of the Wagga Wagga Carer's Resource Centre where Mayor Kerry Pascoe officially cut the opening cake. The roll out of Wellways across the state has continued with great success, due to the incredible commitment of all of the staff of the CSU. Recognition of the work of Sue Sacker, General Manager, Natanya Mandel, Manager CSU and Angela Milce, Administrator, CSU, is clear from the data that has been collected over the first two years of this project. A review of the Caring for Carers state funding is currently being undertaken and we are very confident that CSU will continue and grow further.

Pioneer Clubhouse did go through a difficult phase late last year which has totally turned around. The members, staff and management committee at Pioneer have worked wonders. Bill Gye as Director has brought a strong management background as well as a good understanding of both mental illness and employment services. He has also brought a real stability to the staff. In collaboration with members, staff and management, Bill has improved our Job Network performance and Pioneer is providing great employment outcomes for its members through this federally funded program.

Of major importance to all at Pioneer and the Fellowship, the premises have finally been secured. Many may not be aware, but Pioneer was originally given a six month lease for its premises. There has been uncertainty about where Pioneer may move for many years. This is now resolved with Manly Council providing a 20 year lease on the current premises. This is the best birthday present as Pioneer celebrates its 10th Birthday. Our thanks to Brad Hazzard, Member for Wakehurst and David Barr, Member for Manly, who both attended the first of the birthday celebrations. Our most sincere thanks to the members, staff and management committee over the last 10 years for making it work as well as it does.

New Clubhouse development has proceeded as well with committees established in Wagga Wagga, Wollongong and Port Macquarie. We have received funding from the Ian Potter Foundation, Greater Murray Area Health and Illawarra Area Health for a state Clubhouse development team which will assist in the process of trying to get these new services up and running. The development team comprises Sue Sacker, Bill Gye, Nicola Hancock (the first Director of Pioneer and now a lecturer at Sydney University) and myself and will soon include two members. I would make particular note of the efforts of Alex Darling, Lord Mayor of Wollongong, and Stephen Mayer, CEO of RESI Home Loans, who are continuing the fund raising required to build a clubhouse in the Illawarra. In Wagga Wagga, a building has been identified and the local committee are working to secure that building for future use by the clubhouse. They have decided on a name for their clubhouse, Sunflower House. In Port Macquarie, local government have given a block of ground for the building of the Endeavour Clubhouse.

NOUS has continued from strength to strength with Joseph Caruana being honoured by the Australasian Hellenic Educational Progressive Association. NOUS now has a full time worker, the housing program has expanded and the organisation continues to be a model of support. The Schools Project has been completed and now is incorporated in a much larger Education Project. Felicity Zadro did an exceptional job in the development of material for the Schools Program and blazed a trail for further development. The loss of Felicity at the end of her contract was felt, thanks to Felicity. The expanded education program has the aim of becoming self sustaining within 12 months. Chris Taylor was appointed early this year to the position that was made possible through grants from the Pfizer Foundation, Les Maurer, the Baxter Foundation and a number of clubs. This is critically important work and our thanks to the funders.

Helping Hands, located at Nowra, has grown and extended its service to more consumers. We have had a fight to keep this service operational but have received funding for the next 12 months and hope that wisdom will prevail following this time as it is a service which is getting good outcomes and helping to reduce isolation and the risk of deterioration for over 50 people with a mental illness, all at a cost of only \$1,000 per person per annum! Well done Katy Smith and her very dedicated band of volunteers.

This year also saw the launch of Dr Brian Somerville's excellent documentary, *Unchaining the Mind*, made for the SFNSW.

It has been very well received by all who have viewed it and we thank Brian for his efforts, investment and commitment and we thank the NSW Minister for Health, Morris lemma, for launching the video. The launch of the video was also the occasion of the official opening of the Les Maurer Education Centre at the Fellowship's Gladesville premises. For many, this is a dream achieved, but really the hard work starts with the opening of the centre. Late 2003 saw the addition of a large component to our website. Quality of life issues are covered in this addition and Rebecca Reay Young and a number of occupational therapy students are responsible and deserve great praise.

Awareness Week 2004 was a success and Xavier Amador proved to be a wonderful international speaker. He provided us with a number of training workshops as part of his visit which were invaluable. We hope to get him back to Australia to do more intense training. Our second Parliament House lunch was a great success with Anne Deveson as keynote speaker and a good roll up of members of Parliament.

There are a number of things to note quickly. Sue Sacker and I presented a number of papers at the International Clubhouse Seminar held in Minneapolis last year. Numerous papers were presented by Fellowship staff at the NSW NGO Conference held in Wollongong. Frank Walker and I presented a paper at the 28th International Law and Mental Health Conference. I presented a paper at the Sustaining Pharmaceutical Benefits conference. We are involved in the running of a national workshop organised by Pfizer which will happen in late 2004. Many, many other presentations have been delivered by staff, board members and volunteers, both consumer and carer. During the year we were visited by a large Thai delegation, organised by Central Sydney Area Health, looking at how the non government sector functions here. We also attended the National Labor Party conference and John Howard's 30th Anniversary celebrations.

Internally we have also been developing and tidying up. Pam Riley and Dr Neil Hardie have been developing a set of quality manuals for the Fellowship which will ensure continued good management. Our computer systems have been enhanced and the networking is working. We have entered the new order with access to broad band. Refurbishments, renovations and repairs have continued with more planned for 2004-5, finances permitting. A fund raiser, Louise Heggarty, has been employed part time and we have great hopes for this securing such future developments within the Fellowship.

These 12 months has been frenetic, with many documents to comment on, many policy issues to address, new services to put in place and more to plan for the future. None of this would be possible without the many volunteers, both in the state office and spread all round the state, the members of the Fellowship's Board, the many friends, supporters and sponsors and the staff. There is true dedication amongst the staff, some things may well be too difficult, but that does not stop them. We are fortunate to have an excellent team of people throughout our many services, and they are a team.

Every member of staff has exceeded themselves and, at a time of the Olympics, each deserves a gold medal. There are even record breakers. My personal thanks go to Sue Sacker without whom we may have floundered, John McAuliffe who keeps us financially and ethically on track, Bill Gye for his insights, experience and wisdom and Natanya Mandel for her excellent management of the CSU. To Frank, Alex and other members of the Board, we are so fortunate to have each and every one of you. To the Fellowship's members for throwing themselves into the Agents of Change program, this is the future and thank you for getting us there!

**Rob Ramjan**  
CEO



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*Elizabeth Ingram, Anne Lanham, Morris lemma, Natanya Mandel at the Les Maurer Education Centre opening.*



# General Managers Report

Well, this year I received a new title! And with it some added responsibilities and an opportunity to be involved in more of the Fellowship's activities. Both of these changes have been most enjoyable and it is very interesting and rewarding to be able to participate in the growth of such an important organisation.

Several of the projects I reported on last year; namely the Carers Support Unit, the Greater Murray Community Development Program and the Schools Education Program, have further developed and become key parts of the Fellowship and its services. You will read about these on other pages of the report. This year we have added a couple of new activities; the Helping Hands Program in the Shoalhaven and the Clubhouse Development Project. In addition the Schools Education Program has been combined with the Fellowship's training program as the Training and Education Program based in the newly renovated Les Maurer Education Centre. Our program coordinators – Chris Taylor and Katy Smith – have reported separately on their programs – Training and Education and Helping Hands. You will see from Katy's report that Helping Hands, which provides volunteer support to consumers, faced a cessation of funding at the end of the financial year. This program has proved itself to be extremely effective both in the terms of costs and the service it offers to the consumers and the wider community. Katy was running the program when the Fellowship took it over in July 2003 and we were delighted that she decided to stay with it. She has achieved an extraordinary amount in the year and the very strong reaction to the potential loss of the program is a tribute to her achievements. We are delighted that Helping Hands is funded for the next financial year but will have to ensure that this funding becomes permanent and grows to meet the needs of the consumers in Nowra and Ulladulla.

The Clubhouse Development Project provides the Fellowship with the opportunity to work with local communities to develop new clubhouses and also to support and strengthen existing ones. The funding for the two year project has been granted by the Ian Potter Foundation, the Illawarra Area Health Service and the Greater Murray Area Health Service. The support of the area health services for clubhouse is particularly pleasing as they will have to provide the ongoing operational costs of clubhouses in their Areas. We will also gain invaluable advice from the International Clubhouse community and Billabong Clubhouse in Tamworth. We are currently working with the Clubhouse Taskforce of the Wagga Wagga Branch and the Lord Mayor of Wollongong's Light and Hope Committee and the Endeavour Clubhouse Committee in Port Macquarie to establish Fellowship clubhouses in these three towns. These three committees are all working hard towards their goal and we are confident that we will have a network of clubhouses offering great services to consumers in NSW before too long.

Every year the profile of Schizophrenia Awareness Week grows and this year was no exception. Activities included:

- Nearly 2000 information kits distributed to libraries, universities, TAFEs, community health centres, MPs, mental health services, neighbourhood centres, etc. across NSW
- An excellent poetry competition and entertainment afternoon
- Our inaugural Parliamentary Luncheon, hosted by David Barr, MP, with guest speaker Anne Deveson, which raised funds for the Training and Education Program
- School students selling Sunflower merchandise – ribbons, badges and pens – at various venues in Sydney, thereby raising funds for the Fellowship as well as raising awareness
- An excellent Symposium – Out of the Darkness, or is it all too hard? – with guest speaker Dr. Xavier Amador, which attracted record numbers
- Activities such as dinners, information stalls, a bowls day, etc. in the Hunter, Wagga Wagga and other places
- An Avant Card promotion – thanks to Clara McLaurin for her artwork, and a rerun by popular demand of our Launderette Commercial on various television stations – thanks to Nick Riddett for his sterling work on the ad.

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*Sue Sacker*



Awareness Week would not be so successful without our generous sponsors: Pfizer, Eli Lilly, Mayne Pharma, Avant Card, Janssen-Cilag, Lundbeck and a grant from the NSW Department of Health. Our success is also dependent on our many fantastic volunteers, with a special mention for the two Peters (Strand and Bubb) and Rose. My thanks also to all the staff and visiting students who pull together to make sure everything happens on time.

We are currently in the process of revising our Quality Manual, with the able assistance of our specialist volunteers Neil Hardie and Pamela Riley. Neil and Pamela have also organised and catalogued the Simon Champ Library and are working on the archives and preparing for the Fellowship's 20th anniversary next year by compiling a history of the organisation. We are very grateful for the considerable expertise they bring to the Fellowship and their assistance with these projects. It is now much easier to find the information you need in the Library and I encourage our members to use this facility.

The Fellowship is always looking for opportunities to improve our services and infrastructure. One of this year's significant achievements was the opening of the Les Maurer Education Centre by the Minister for Health, the Hon. Morris Iemma on June 29th. The Fellowship has carried out a range of education and training activities over the years involving consumers, carers and professionals providing education and training to secondary and tertiary educators, professional and community groups. The School Education component has been funded in the last two years by grants from the James N Kirby Foundation and the Community Support and Expenditure Scheme from several clubs. Through grants from the Paul Newman Foundation, the Baxter Charitable Foundation, the Pfizer Foundation and a very generous personal donation from Les Maurer, we have been able to refurbish and furnish the training room. The two programs are now combined and Chris Taylor has been appointed as the Education and Training Coordinator. Please see her report for more details.

Our infrastructure has benefited from the NSW Department of Commerce's Better Service Delivery Program, which has provided computers, printers and one year of broadband internet connection to several parts of the Fellowship's operations, including Pioneer Clubhouse and the Carers Support Unit. The improved equipment makes a big difference to staff in their work.

A further asset is the new database which has been designed for the Fellowship and funded with a grant from Janssen Cilag. This will enable us to keep track of members, donations and other contacts in one place. Our thanks also go to Anne Lanham, who has been implementing the new system.

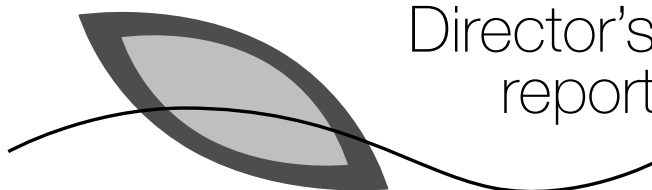
One of our ongoing projects is our attempts to develop a Supported Housing Project. Funding of this project would enable us to offer families a new model of shared equity supported accommodation for their family member with a mental illness. This is taking a long time and we are grateful to Malleon Stephen Jacques for their pro bono legal advice on the matter. Frank Walker and Judy Hopwood have joined our steering committee and we are navigating the legal questions with the help of the Office of Community Housing. The model we are trying to create has not been used before in Australia, nor, it appears, elsewhere in the world. Perhaps this explains why it is taking so long. However, the Steering Committee is committed to finding a new way for families to participate in providing safe, economical supported accommodation and we will keep working to that end. My thanks go to the Committee for their patience and perseverance.

The Fellowship is growing and we are benefiting from the support and expertise of our Board, members and staff to build a strong and effective organisation which will help to improve the lives of individuals and families living with mental illness. My thanks go to Rob in particular, and all the staff for their support and help over the year.

**Sue Sacker**

*General Manager*

## Finance Director's report



In the financial year just completed the Fellowship was again faced with the major problem of coping with increased operational costs without an equivalent increase in the grants made by the Government to support the services provided by the Fellowship. The shortfall was again met from the donations received from our members, the Sunflower Club and other generous donors. The bottom line result achieved is a credit to the managers and staff of each of the services that they were able to adhere to a very strict budget.

For the present, the Fellowship will continue to rely on the generosity of our members and supporters to meet any shortfall in order that the current community services provided are maintained.

I acknowledge the very hard work done by both our accountant Barbara Kaminska and her assistant Dinh Sievwright in maintaining our ledgers and their efficiency in providing timely financial reports when required. Our Auditor Terry Borella continues to provide invaluable support and advice in the day-to-day financial management of the Fellowship.

### **John McAuliffe OAM**

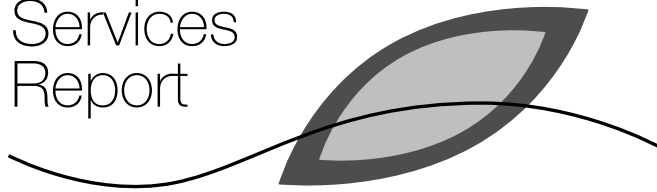
*Director of Finance*




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*Schizophrenia Fellowship's  
Finance Director, John  
McAuliffe, pictured here  
with Prof Beverley Raphael.*

# Volunteer Services Report



## **TELEPHONE**

This year has been a busy time for our volunteers. The phones have been hectic, as usual, with the number of calls peaking around Schizophrenia Awareness Week. There was a great deal of interest in the work of Xavier Amador, the American psychologist who was keynote speaker at the Symposium in May. His appearance on one of the morning television programs generated a huge number of calls to our helpline.

The other 'peak' occurred with the recent release of the new medication 'Abilify'. Our volunteers were kept busy posting information and fielding inquiries.

Following a sharp drop in numbers at the beginning of the year, telephone volunteers have built up again to where we currently have 20 involved in providing support, information and referral to callers. Training occurred in March/April, and will again take place in August/September. There are 10 people booked in to the next course, with inquiries still being taken.

Volunteer sources have expanded from educational facilities to include Volunteering NSW and their 'Go Volunteer' website as well as local newspapers and councils.

## **NEWSLETTER**

Volunteers meet once every couple of months to put out the newsletter and there are 24 currently involved in this task. We generally have around 10-12 people at a sitting. It provides a friendly and not too stressful introduction for those wishing to 'sample' volunteering at The Fellowship. Peter Strand has taken on the role of operations manager, with a wealth of expertise behind him. He has streamlined the process and provides a knowledgeable point of reference for any newcomers. Thank you to Peter and all the gang!

## **STAMPS AND GENERAL VOLUNTEERING**

Peter Bubb, Kevin Greaney and Donald Withers are regular troopers sorting donated stamps for distribution, watering the garden (within approved hours!) and helping the work of the Fellowship in a variety of ways. A special 'thank you' to Donald for his ability to source a regular supply of magnificent fresh sunflowers whenever we need them.

## **VOLUNTEER SMALL EQUIPMENT GRANT**

We successfully applied for a FACS Small Equipment Grant which resulted in a 68cm flat screen television set and VCR for the Les Maurer Education Centre. This will greatly advantage volunteers and others in training, as they will no longer have to crowd around the tiny 34cm screen we have used for so long. We are investigating a heating/cooling unit for the downstairs area with the remainder of the money.

## **POETRY COMPETITION**

This was a great afternoon as usual, with some 30 people attending to hear the winners' original compositions. For the 5th consecutive year, Rod Gibson took out first prize; however a number of promising writers gave him some stiff competition. The award for the best entertainment – the 'Peoples' Choice' – went to Alex, who sang a beautiful operatic aria. I can't wait for next year!

## **TRAINING AND SUPERVISION**

Since the beginning of the year I have had the privilege of supervising two students undertaking placements with the Fellowship. Nicole di Losa, an Occupational Therapy student, completed a 6-week placement in May, researching and compiling a creative writing course for people with a mental illness. We hope to offer this to potential writers in late September.




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*Susie Allnutt, co-ordinator  
volunteer services*

I am currently supervising Maria Hilario, who is studying Welfare at Ultimo TAFE. Maria is investigating the need for information and support on mental illness within the Spanish community, of which she is a member. This may lead to the formation of a Spanish support group.

### **TEP PLACEMENT**

In the coming year, we are trialling a Transitional Employment Placement at Gladesville as a receptionist on the front desk. I will be supervising our new receptionist for 12 hours per week initially, spread over 3 days. The placement is run in conjunction with Pioneer Clubhouse, where the program has been operating very successfully on the Northern Beaches for some years. I look forward to being able to support this initiative at Gladesville.

### **LONG TERM VOLUNTEER RETIRES**

It is with considerable regret that we announce the retirement of Pam Pasut, who has been a staunch contributor to the Telephone Support Service for the past 5 years. Pam has been an unfailing source of support and information on Friday afternoons and both staff and regular callers will miss her compassionate listening ear. Fortunately she will continue to be involved in other areas such as the newsletter. We appreciate her commitment and friendly support. Thanks Pam.

It has been a really inspiring year – my 6th at the Fellowship – and I look forward to continuing to be part of a dynamic and growing organisation, serving our consumer and carer base.

### **Susie Allnutt**

*Co-ordinator, Volunteer Services*

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*Susie Allnutt with volunteers  
Janette Mitchell, Blake Dear,  
Leigh Major and Trisha Stenning  
at the 2003 Volunteers  
Christmas Party.*



## Events & administration



I am currently doing one day a week for the Schizophrenia Fellowship, now that I am working mostly for the Carer Support Unit. During the past year, I convened the annual Symposium during Schizophrenia Awareness Week and still managed to maintain a small interest in office administration, mainly in membership matters.

The Symposium this year was entitled 'Out of the Darkness, into the Light or is it too Hard?' The speakers were many and varied and dealt with issues such as dual diagnosis and new medications. Our special guest speaker, Dr Xavier Amador from Columbia University in New York, USA spoke about his research into communicating with people with a mental illness who have difficulty acknowledging their illness. His book 'I'm not sick, I don't need help' is invaluable for people learning to communicate with someone who lives with a psychotic illness.

We also had a presentation from three people who have experienced a mental illness; it is always so valuable to hear of how they have triumphed over their difficulties. Nickolas Yu, from On Fire gave us a summary of the work being done by his organisation for children with parents who have a mental illness.

Carers Support Unit also gave a presentation which gave the audience a chance to see the innovative work now being done for carers including; information, education, advocacy and support. I personally believe this service has been long overdue, families have been managing great difficulties alone for too long.

### **CARER ADVOCATE – NORTHERN SYDNEY**

This past year has been a learning curve in my role as Carer Advocate for the Northern Sydney Area. The role is both interesting and varied and meeting with new families who are living with mental illness is always rewarding. The role continues to expand with much carer contact. The need for this individual advocacy service is very evident when you look at the many families struggling to cope with the needs of caring for someone with a serious mental illness (See CSU report page18).

#### **Pam Bruce**

*Events/Administration Officer and Northern Sydney Carer Advocate*

### **ANNUAL CRICKET MATCH**

This year's Minister's XI Cricket Match was played on October 12th 2003 at the first grade Bankstown Memorial oval, home of the famous Waugh brothers and other cricket stars such as Jeff Thompson and Len Pascoe. The match was played at the invitation of the Mayor of Bankstown, Cr Helen Westwood, who also helped officiate on the day. The oval has excellent facilities, with a stadium, dressing rooms and all the rest of the infrastructure of a major playing field. Added to this were the sounds and rhythms of a 14 piece jazz band, providing all the ingredients for a stimulating and fun field atmosphere. Aftercare and Schizophrenia Fellowship were the principal sponsors.

From the assembly of nearly 40 players (everyone got a chance to do something) two teams were selected. The 'white shirts' represented the Minister, whilst the opposition, wearing blue, represented 'the rest'. The game was played under modified rules with limited overs and concessions such as not being out with the first two balls and a maximum of three overs per bowler. Judge Frank Walker, our President and former Bankstown Mayor David Blake agreed to act as umpires. The final result saw a clear win for 'The Rest'. Max from a Central Sydney boarding house won a \$100 David Jones voucher for player of the match and three other awards were made for notable efforts. Each player also received a specially struck medallion commemorating their participation in the event.

No doubt the threat of rain and the change of venue from the usual oval at Bedlam Bay Park in the grounds of the old Gladesville Hospital contributed to a smaller turnout than expected. This just meant that there was more BBQ for everyone who did attend! It was good to see a number of local councillors come along to support the event; Daryl Melham, Federal MP for Banks, Barbara Perry, State MHR for Auburn and Alan Ashton, State MHR for East Hills and Deputy Whip

in the NSW Parliament. Other invitees sent their apologies. We would like to say a big thank you to Bankstown City Council and to Bankstown District Cricket Club for the use of their clubrooms, and especially to Eric Dignam, Club secretary, who assisted us so willingly in making the day a success for all participants. Thanks also to all the consumers and other volunteers whose contributions were essential in staging the event.

**John McAuliffe**

*Cricket Match Coordinator*



The Schizophrenia Fellowship began a systemised advocacy program in January 2004 building on the previous advocacy work that the Fellowship has done since its inception in 1985. We began by installing a new membership database and reviewing all our records for accuracy.

Next, an advocacy questionnaire was prepared which asked our members what were the important issues for advocacy by the Fellowship. We also invited them to join our advocacy program and become an 'agent of change'. By taking part in this program, members received information and advice about the best ways to approach politicians about mental health issues and the Fellowship developed a powerful base from which to launch targeted advocacy campaigns.

At the end of the financial year, the Fellowship has 360 advocates and we are adding to this number daily. We have already launched two successful advocacy campaigns, one asking politicians to support the inclusion of an atypical medication, Risperdal Consta on the Pharmaceutical Benefits Scheme and the other that campaigned for an increase in federal mental health funding. Both of these campaigns were successful, with the PBA recommending that Consta be listed and several politicians bringing to the government's attention the shortfall in mental health funding. We have also encouraged politicians to join the Parliamentary Friends of Schizophrenia (PFS), chaired by Senator Ursula Stephens and Andrew Boothby, MP. PFS now has over 40 members.

Thank you to all our advocates who embraced the program with great enthusiasm – many were 'first timers' and felt great satisfaction when they received their personal letters from the Minister for Health or another parliamentarian in response to their appeal. This is just the beginning – we are going to get bigger and better with our 'agents of change' and truly become an irresistible force.

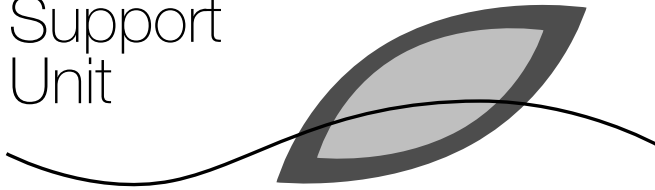
In 2004-2005, there will be a new campaign that we hope will result in increased benefits for families supporting someone with a mental illness.

**Anne Lanham**

**Elvira Lanham**

*Advocacy Program Administrators*

# Carers Support Unit

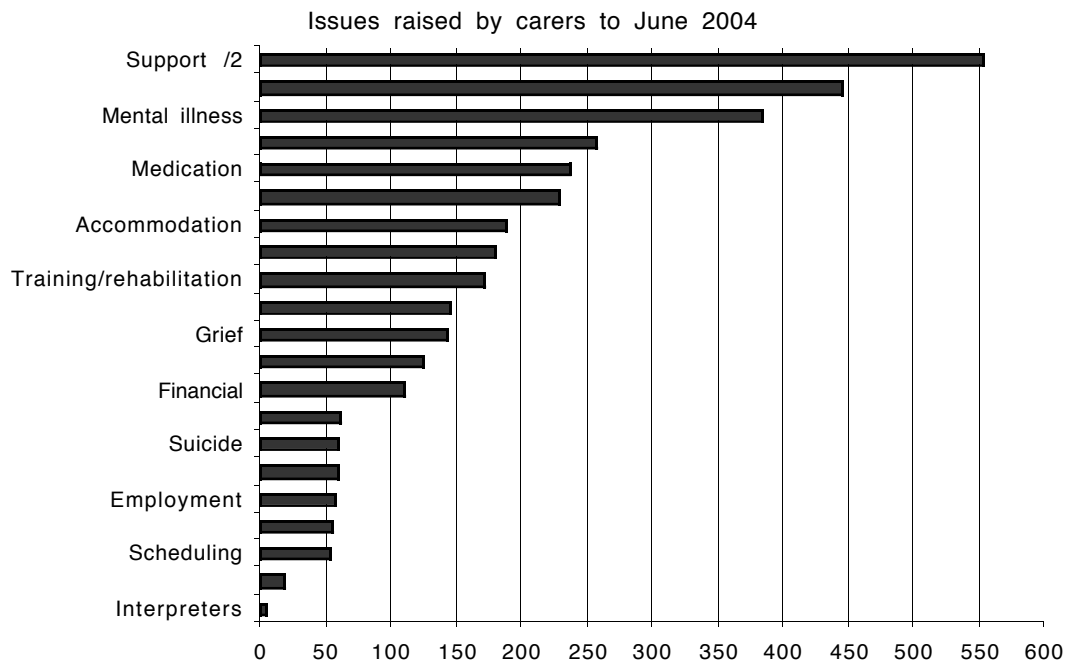


This has been another fantastic year for the Carers Support Unit, with the expansion of our innovative program for families and carers of people with mental illness. In recognition of the excellent work that the Unit was doing and the significant difference this work was making to both carers and consumers, in August 2003 the funding provided by the Centre for Mental Health was doubled. This enabled us to increase our service to four more Area Health Service regions and to increase the Carer Advocate's availability from two to three days per week. As a result the Unit now services approximately half of NSW.

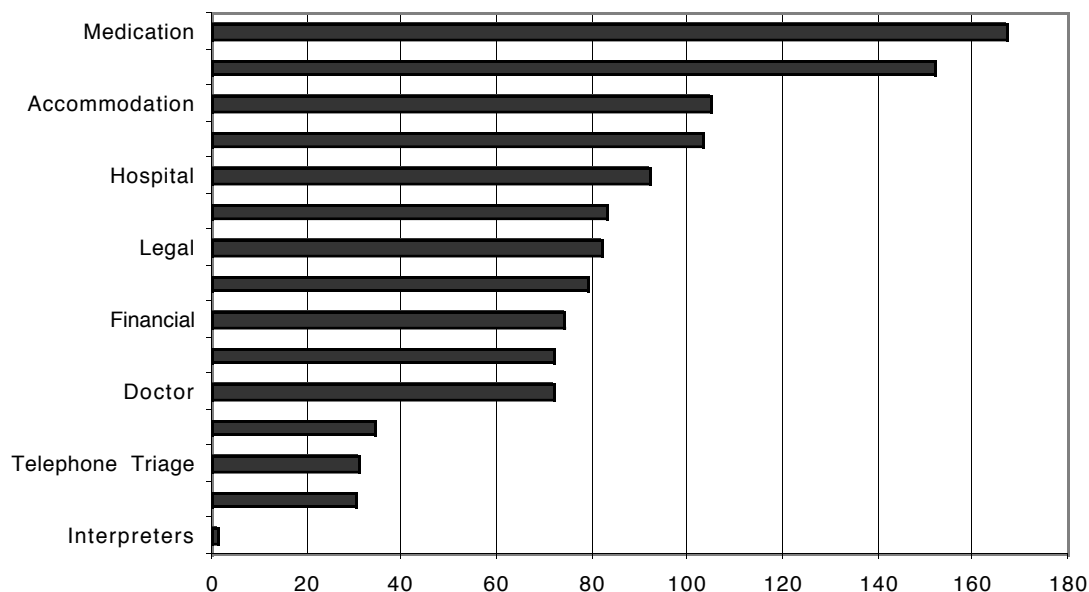
As the Carer Advocates continue to succeed in each of their areas, the number and spread of carers that they come into contact with is growing. They have not only provided assistance to mothers and fathers who care for someone with a mental illness but also brothers, sisters, aunts, uncles, mothers-in-law, friends and neighbours of all ages. The provision of the four core services – information, education, advocacy and support – has been beneficial to these carers on more than 1400 occasions at the time of writing. We at Central Office are very impressed with their efforts.

The Carers Support Unit is proving to be a much needed service, and even after only 18 months of part time service, we have reached an amazing number of families to reduce their stress and assist them to care better. Graphs below show both the issues raised by carers and how we were able to deal with them. Not included are the four main components of the Carers Support Unit – information, education, advocacy and support. The number of times the Carer Advocates were able to assist on these issues is:

Information – 1000; education – 352; advocacy – 227 and support – 1091.



Assistance given to carers to June 2004

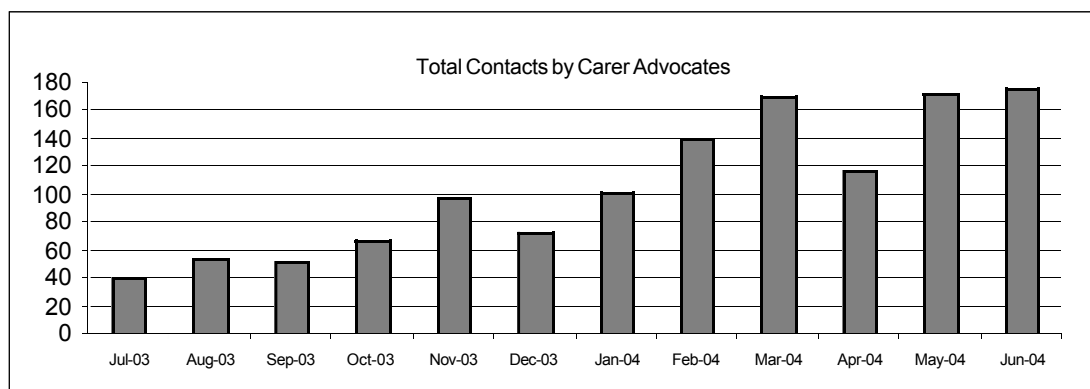


The local Carer Advocates provide tailored information to carers depending on their needs and requirements. The carers are supported with telephone calls, meetings and referral to support groups and other services in their areas. Carers are supported in undertaking their own advocacy, thereby empowering them in their relationships with the mental health services. When necessary, however a Carer Advocate will provide advocacy to carers by attending meetings, assisting them to write letters or simply by making phone calls on their behalf.

In each of the areas we are developing resource centres where carers can borrow books and videos and collect information on mental health and the caring role. In the Illawarra we have formed a wonderful partnership with the Bulli Resource Centre, where they are allowing us to use much of their top floor for the Carer Advocates office, and the office of her wonderful volunteer, Maureen Stapleton, as well as for the drop in centre. We have also been extremely lucky in the Greater Murray where we have formed a positive partnership with the Wagga Wagga City Council and, as a result, they have provided us with a wonderful space in which we can establish a drop in centre. Drop in centres are a fantastic resource for carers, as they can drop in and have a cup of tea and speak to others experiencing similar circumstances or they can seek information and advice in a more informal, warm and welcoming setting.

In the second half of 2003 we began to deliver an eight session education package entitled Well Ways – A traveller's guide to wellbeing for families of people with mental illness, to carers in each of our four original areas. We delivered this again in some areas in the first half of 2004. The course has been extremely well received, and all but one of the groups that participated in the course are meeting on a regular basis as an informal support network, further expanding supports for families and carers.

Total contacts of 1258 made with carers and families over the past year are shown below. The number seen by each of the original four Carer Advocates in a three-day week is reaching a limit of approximately 35-40 per month.



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*Natanya Marsh*



The eight Areas we currently cover include:

- Central Sydney (or Sydney's inner west), based in our central office in Gladesville
- Greater Murray, based in Johnstone Street, Wagga
- Hunter, based in the Life Without Barriers building in Newcastle
- Illawarra, based in the Bulli Resource Centre, Bulli
- Macquarie, based in Orana Education and Training Co Op Limited, Dubbo
- Mid North Coast, based in the Wauchope Information and Referral Centre, Wauchope
- Northern Sydney, based in our central office in Gladesville
- South Western Sydney, based in Burnside, Campbelltown

I would like to thank all the staff of the Unit who have worked so hard to establish themselves and this vital service to carers.

**Natanya Mandel**

*Manager, Carer Support Unit*

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*Our Carer Advocates. Back row, from left: Natalie Joy (Hunter region), Natanya Mandel (CSU Manager), Andrea Kurta, Julie Taylor (Central Sydney), Toni Garretty (Illawarra), Gary Thomas (Mid North Coast).*

*Front row, from left: Pam Bruce (Northern Sydney), Rosie Wildesen (South West Sydney), Cindy Nielsen (Macquarie), Angela Milce (CSU Administrator). Pictured while attending a CSU and Well Ways training week at Fellowship head office.*





The Greater Murray Community Development program has now been in operation for 21 months and the original objectives have all been met and are being maintained and further extended. The community of Wagga Wagga is supportive and excited about the possibility of establishing its first Clubhouse. Hopefully we will have good news in a few weeks about this and in next year's Annual Report we will be able to write about 'Sunflower House'. We may not have the building yet but we do have the name in anticipation!

## **SUPPORT GROUPS**

There are currently three support groups under the banner of the Schizophrenia Fellowship in Wagga Wagga:

- (a) The Bidgee Group. A consumer support group which meets weekly
- (b) A Carer Support Group which meets monthly
- (c) The Support after Suicide Group which meets monthly.

The opportunities to work, meet and socialise together appear to have impacted on the general positive sense of self for members of all the support groups. The outcome should create improved mental and physical health of the participants. The first Well Ways course for carers was a big success and this was co-facilitated with Andrea Kurta, the local Carer Advocate.

## **NEWSLETTER**

A newsletter, affectionately known as the Sunflower News, is produced bi-monthly by the editor and a small team of volunteers. The newsletter is mailed to consumers, carers, interested community members, the Division of General Practice, community organisations and health staff. A number of the newsletters are displayed in waiting rooms and at the Wagga library and the Rural School of Medicine. All people from the various support groups are encouraged to send in their contributions. Close to 300 newsletters are distributed.

## **COMMITTEES**

### **WAGGA WAGGA BRANCH COMMITTEE**

The Schizophrenia Fellowship NSW saw fit to make Wagga Wagga a branch of the Fellowship which was a first for NSW. The Wagga Branch committee meets on a bi-monthly basis and has representation from Wagga Police, Greater Murray Area Health Service, the Wagga community, the Ethnic Community Council, Aged Care, Disability Advocacy Network, Wagga Council, the Carer and Consumer groups, the Aboriginal community, the Council of Churches and the Fellowship's Carer Advocate. The Wagga Branch has its own bank account. It is with this committee that the major decisions are made.

### **THE CLUBHOUSE TASKFORCE**

This group meets on a monthly basis. The major focus of the Taskforce has been to find a building suitable for a Clubhouse. A building was identified nine months ago and there began the hard work! There have been meetings with the Department of Infrastructure and Natural Resources (owners of the building) in Wagga Wagga; the Wagga Wagga City Council, letters to Minister Tony Kelly, liaison with the local Member of Parliament and much media coverage. Following an application towards the end 2003, funding was provided by Eli Lilly and Janssen Cilag to sponsor a bus trip to Melbourne to enable consumers, carers and members of the Clubhouse Taskforce to see Bromham House in operation.

### **PARTNERSHIP WITH THE GREATER MURRAY AREA HEALTH SERVICE**

The partnership with the Greater Murray Area Health Service has been exceptional. The provision of an office and resources within the Community Mental Health building continues to be a positive for both Greater Murray and the Schizophrenia Fellowship. A funding application to the Greater Murray Area Health Service was successful in enabling the formation of a project team to assist in the establishment of a Clubhouse in Wagga Wagga.

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*Rob Ramjan and Natanya Mandel with Christine Huntsdale. They are pictured here visiting a possible site for 'Sunflower House'.*



## **SCHIZOPHRENIA AWARENESS WEEK**

Last May was our second Awareness Week and we received support from a large variety of businesses in Wagga Wagga in the form of donations towards our raffle and prizes for the Lawn Bowls Fun Day. A banner was designed and erected in a prominent place over the main shopping strip advertising Awareness Week. Articles featured prominently in both newspapers. Proceeds from a guessing competition, the raffle and the Bowls day secured \$3000.00 for our fledgling organisation.

## **A NAME CHANGE FOR THE WAGGA BRANCH?**

The Wagga community continually feeds back to our organisation how inappropriate the name 'Schizophrenia Fellowship' is for the service we actually provide. The feedback is usually that the name fails to inform the public of the width and breadth of services within the organisation. Staff from various organisations has informed us that the name interferes with referrals as people are unaware that those with other mental illnesses and their carers are also part of our service provision. As a result of the above, the Clubhouse Taskforce and the Wagga Branch, after consulting with the Sydney office, have moved a motion that a new name be selected which will more fully inform the community of the service available to them. Any stationery or advertising would always include the fact that the organisation is under the auspice of the Schizophrenia Fellowship NSW Inc.

## **FUTURE DIRECTIONS**

- Continuing to support and empower consumers and carers in the Area
- Establishment of the Clubhouse
- Expanding support services to consumers and carers in the Greater Murray Area
- Establishing resource centres for consumers and carers
- Helping consumers and carers develop their skills, participation and knowledge
- Addressing the urgent identified need for a vehicle for transport for consumers.

This is an opportunity to thank all those who give so much to our organisation here in Wagga Wagga, in particular Ray King (Chair Wagga Branch), Janelle Levesque (Editor Sunflower News), Dimiti Appleyard (Chair Clubhouse Taskforce), Pauline Kelly (treasurer), Kathy Horrocks (Manager Inpatient unit), and all the dedicated members of our committees. Thanks also to Sue Sacker for her guidance and support.

## **Christine Huntsdale**

*Community Development Officer*



## SUPPORT GROUPS

The Newcastle and Cessnock support groups continue to have strong attendance and provide a valuable service in the Hunter Region. The group leaders, supported by other executive positions' have all done an exceptional job in ensuring the sustainability of these groups in the Hunter. Their contributions are invaluable.

In July 2003 the Lake Macquarie Support Group met for the first time at Charlestown. Although group attendance has been varied, those present are very keen to continue with the group and learn more about the Fellowship. Hopefully in the next 12 months a group leader and other executive positions will be filled and the group will become self-sustaining. The support groups have been able to arrange a number of excellent guest speakers for their meetings who have covered a range of topics including; medications, mental health consumer liaison, bush poetry, Fred Friese (ABC Press interview), belly dancing!!! (Scott Thompson is still smiling) and a recent surprise visit by personality, 'Effie'.

On Tuesday the 22nd of May 2004 both the Newcastle and Cessnock Support Groups attended a combined dinner at the Maitland TAFE, this was a great social night that allowed all those people that had been involved in Fellowship and Schizophrenia Awareness Week a chance to relax, reflect and share the success of the year.

## HUNTER FELLOWSHIP NEWSLETTER

The Hunter Fellowship Newsletter has continued to grow in distribution, articles and colour! Its new format looks fantastic! It is compiled monthly in the Hunter and distributed by the volunteers at head office (thanks Peter). Members contribute items for publication in the newsletter and it is hoped in the coming months to establish a volunteer program to compile and distribute the newsletter from the Hunter office.

## SCHIZOPHRENIA AWARENESS WEEK 2004

A number of information stalls were set up in the region; Charlestown Shopping Square, John Hunter Hospital and two at shopping centres in Cessnock. The Society of Medical students organised a stall at the University of Newcastle.

On Sunday the 16th of May 2004 a special church service (for the Fellowship) to raise community awareness was held at the Anglican Christ Church Cathedral. The Federal Member of Newcastle, The Hon. Sharon Grierson and the Lord Mayor, Cr John Tate, State MP Brice Gaury attended the service.

Ian Walker, Newcastle Support Group leader, kindly allowed us to use his personal story and details of his experiences in media articles, as a way of increasing understanding of schizophrenia and mental illness. Media consultant Graham Steele (carer from the Newcastle Support Group) kindly donated his professional services to interview and edit Ian's story and liaise with the media. The Fellowship received a great response from the press with a number of articles (including a 2 page spread in *The Newcastle Herald*) and a lengthy radio interview on the 2NUR-FM. As a result, Graham has been invited to do regular interviews on a variety of community topics, focussing on mental illness issues.

## COMMUNITY INVOLVEMENT AND MENTAL HEALTH AWARENESS

During the year the CDO has given talks to community groups, church groups and schools. It is an aim of the Fellowship to take the issues of mental health out into the wider community to raise awareness and reduce stigma.

We have established a partnership with the University Medical Society Students (as their preferred charity for 2004) which has seen a rise in awareness of mental illness issues amongst medical students. Activities have included; presentations, fund-raising events (including Jazz in the Park), fund-raising, awareness events and the possibility of ongoing partnership programs.



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*Alison Brown*

### **NETWORKS AND PARTNERSHIPS WITH OTHER NGOs**

The Fellowship in the Hunter is also a member of the NGO Mental Health Network, Lake Macquarie and Lower Hunter Interagency. Through our office location we have formed a strong partnership with Life Without Barriers and intend to expand on this in future joint projects. Mental Health Week in 2004 will see a strong joint association with PRA, Kaiyu Clubhouse, Life Without Barriers and New Horizons as part of the NGO Network.

### **DIRECTIONAL PLANS FOR 2004/2005**

Strategic planning workshops were held in April with a number of stakeholders to develop a directional plan and communications plan for the Hunter Region. These documents will be used for future planning, accessing funding through community groups for further community education and awareness programs. We have been able to secure the professional services of a media/communications consultant free of charge to facilitate workshops, develop media articles and interviews.

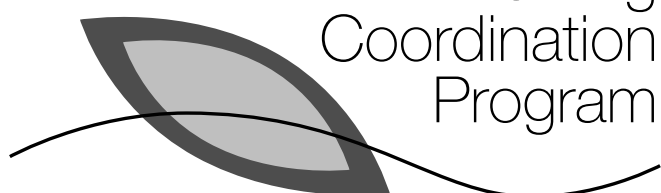
Mental Health Week in October 2004 and Schizophrenia Awareness Week 2005 will have events planned and carried out. Local awareness of schizophrenia and other mental illnesses will also be increased through a schools program, talks to community groups and local media.

Further funding for Support Groups, community education and volunteer programs is required. It is hoped to establish a small volunteer program at the office (Hunter Newsletter and admin) and volunteers to be more involved with community education.

Due to the close proximity of the Newcastle group, as well as many enquiries, we will be exploring the possibility of a more southern venue for the Lake Macquarie group, possibly in the Belmont area.

### **Allison Brown**

*Community Development Officer – Hunter Region*



## Education & Training Coordination Program

It is only a few months since the SF Education and Training Coordinator position was implemented therefore, not only is this my first annual report it is also the first report on the Education and Training Coordination Program. I commenced working in the capacity of Education and Training Coordinator for SF in early March 2004. Through networking, liaising and partnering with relevant organisations and people in allied professions, I am in the process of developing the profile of this program.

I have set up an Advisory Committee whose purpose is to guide, advise and support the Education and Training Program. Committee members include representatives from Sydney University, Attorney General's Department (NSW), TAFE NSW, Centre for Mental Health, Catholic Education Office and Simon Champ (SF management committee and consumer activist).

Schizophrenia Awareness Week 2004 was supported by 5 Sydney schools. A selection of enthusiastic school students took SF Merchandising Kits to local railway stations and shopping centres. As well as raising awareness of mental health issues, the students sold merchandise totalling approximately \$5000. A fantastic effort! The other major fundraiser for the unit was The Schizophrenia Awareness Week 2004 Parliamentary Lunch. As part of my update of the School Education Coordination Program and resources, I have sent letters detailing the program to staff in 40 schools in the metropolitan area. At this stage two schools have requested the updated program.

Since March I have coordinated approximately 20 requests and provided speakers to a wide range of organisations which include; universities, schools, mental health centres, Lifeline, social groups and legal centres. Additionally, after liaising with a student in journalism from the University of Technology Sydney, two consumer advocates were interviewed about mental health issues and one interview has already been broadcast on 'Razor's Edge' radio 2SER.

Following consultation with a number of SF staff and members (consumers and carers), I planned and implemented a Public Speaking Induction and Training Program in June. Experienced SF public speakers and other interested consumers and carers participated in the training program. They have since presented at a number of professional speaking engagements for the Fellowship.

Currently, in preparation for the development of training for the legal profession, I am researching reports, statistics and articles on the issues for people with a mental illness and their over-representation in our legal system. I have consulted with groups of consumers and carers and members of the SF management committee. I have liaised and consulted with the Law Society and a wide selection of government and non-government organisations. It is anticipated that training for the legal profession on mental health issues will commence later in 2004.

I would like to sincerely thank everyone who has given their time and expertise to advise and support me in the establishment of the SF Education and Training Coordination Program – particularly SF staff and volunteers, members of my Advisory Committee, and Simon Champ.

### **Chris Taylor**

*Education and Training Coordinator*

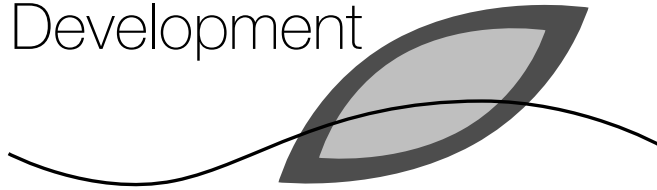
## **COMMUNITY EDUCATION**

Sean and I have recently retired after 12 years as volunteer Community Educators with the Schizophrenia Fellowship. We connected with many thousands of people over that time, asking them to step into our shoes and giving them first hand experience of what it is like to live with a mental illness and care for someone with one.

We would like to thank each and every one of the people we met with at talks and the people we worked with at the Fellowship. It was a huge honour to work with all of you. We now feel it is time to take a step back and let the community education work of the Fellowship take a new path. Our best wishes to all.

**Sean and Kerrie McArdle, OAM**

# NESB Community Development



The last twelve months at the Schizophrenia Fellowship have been a busy and productive time. The Greek Support Group has increased the number of houses available for the use of NOUS clients. Visitation to residents in the houses remains a cornerstone of the service provided. In addition, there is liaison with government and non-government agencies to advocate on behalf of the residents. Recreational activities have been introduced for residents to help overcome isolation and promote links with the community.

The introduction of guest speakers at the NOUS Support Group meetings has strengthened this forum in the educational role it plays for both the Greek community and other interested agencies. It has also assisted in raising financial support and encouraging the development of a volunteer network. Many in the Greek community have found these meetings a source of education and support for families where there is mental illness.

The newsletter that is produced regularly links the NOUS Support Group, volunteers and agencies. The newsletter communicates information about current operations and forthcoming events. Volunteers have worked tirelessly and provided a valuable service to the Support Group and the residents. It is a credit to the generosity of the volunteers and all those associated with NOUS that it has been such a fruitful year for the service.

The shame and fear or stigma associated with mental illness often means that families fail to seek support and become isolated within the community. This is particularly pertinent to the Greek community where feelings of shame, humiliation and embarrassment are very pronounced. The Greek Support Group (NOUS) works at addressing the barriers preventing individuals from seeking appropriate support and assistance. They do this by addressing the issues of stigma, providing acceptance and education for those families coping with mental illness.

## **NOUS GREEK HOUSING SUPPORT SERVICE**

### **HOUSING**

The Greek accommodation service began operation in 1996. The aim was to provide supported housing for those suffering from a mental illness within the Greek community. Since its inception, the project has been very successful, acquiring two additional houses at Homebush. A further house at Campsie was added to the housing available to consumers of the service. During 2004, tenancies at the houses have been stable with the majority of tenants occupying for the term of the tenancy.

### **RESIDENTS**

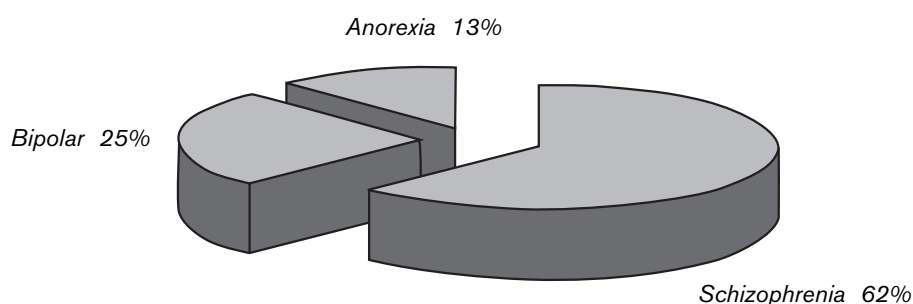
Residents using the service vary concerning the level of support they require while in support housing. NOUS structures the level of support to the needs of the individual. The Housing Support Officer achieves this with a needs analysis in consultation with the individual tenant.

Residents are visited weekly. Any challenges or issues faced by the residents are made explicit and managed with early intervention. This weekly contact also helps residents overcome feelings of isolation. Moreover, it works to assist residents in addressing personal issues before they feel overwhelmed. At times crises arise, and require a more intense level of support for individuals. Such situations often involve the misuse of medications (refusal to take medications, incorrect medication or inappropriate use of the medication). At these times the support of other services (caseworkers, crisis teams and private psychologists) are enlisted to effectively address the issue.

Throughout 2004, there has been an increase in the level of support provided to the residents. While weekly visits are important, it became necessary at times to accompany residents to hospitals, visit doctors as well as liaise with caseworkers and psychiatrists. There have been several incidents where hospitalisation was required.

The pie chart over page indicates the different types of mental illness of residents.

PIE CHART SHOWING THE TYPES OF MENTAL ILLNESS OF THE RESIDENTS



### RECREATIONAL ACTIVITIES

Social and recreational activities have been introduced throughout 2004. Residents and the Housing Support Worker undertake an activity together once a month. Often other groups are able to participate in the organised activity. Residents nominate the type of activities they wish to undertake. Social outings have been most popular. There is the hope of increasing the scope of activities throughout the year.

### NOUS SUPPORT GROUP

The NOUS Support Group has met monthly, throughout the year. Discussion focussed on expanding the Support Group for both volunteers and consumers. Consideration has been given to changing meeting times and dates. This is in order to increase the opportunity for members and the wider community to attend meetings. NOUS Committee members would like to secure their own meeting venue with greater accessibility. This venue could also be used for special events to assist the Support Group.

Raising the profile of NOUS Support Group and the Housing Service continues to be central to the role of the Community Development Officer. Liaison work with government and non-government agencies has been undertaken throughout 2004. This work has been instrumental in developing a greater awareness among service providers of the existence and operation of NOUS. This has strengthened the resources of NOUS in what is provided to the residents of the service.

Guest speakers have played a vital role in 2004 in the delivery of education to the Greek community. Helen Sklavos from Provicare and Gabrielle Brine from Centrelink accepted invitations to speak to members and guests at NOUS meetings. Their presentations were well received. As a guest speaker at another Greek support group it was apparent that many carers and consumers while aware of NOUS were unaware of the Housing Support Service. Information packs are being developed to raise the profile of the Housing Support Service. These will be distributed to agencies and related groups to forge closer links between NOUS/CDO and the agencies.

### NEWSLETTER

The NOUS newsletter continues to be produced in both Greek and English every month. The newsletter is a primary link between the service and the more than one hundred members.

### VOLUNTEERS

Throughout 2004, volunteers have continued to provide a wide array of support to the residents in the houses.

Primarily this support has been to aid residents in the development of social living skills. Residents have benefited greatly from a program of cooking skills. Volunteers visit residents regularly to provide social contact and prevent withdrawal and isolation from the wider community. These visits have been beneficial in the development of communication and social skills. These prove important for future integration into the wider community.

### NETWORKING

The Greek Welfare Workers Network (GWWN) meets every month. The group recently conducted an eight-week psycho-education course for individuals suffering from depression. The course was developed for the Greek community and conducted in Greek. Participants said they benefited from the course and indicated their interest in future courses. GWWN is considering another psycho-education course with an added psycho-therapeutic component.

The Multicultural Carers Alliance has had its first meeting for the year in June. This group meets regularly to assist organisations staffed with carers. The organisation provides vital support for carers. Meetings are to be conducted quarterly, and are a new resource for the service.

### Theodora Christophides

*Community Development Officer*

## Research Trust Fund



The past 12 months has seen the RTF continue successfully. The core pool has grown and we are in a position to offer further grants in the 2004-5 Financial Year. Calls for proposals were made at the end of the first quarter of 2004 and the Trustees are currently considering these applications.

Research is continuing with three grants made by the RTF. Prof Colleen Mullavey O'Byrne's final report is expected soon. Dr Anthony Harris's research is progressing well. Dr Colleen Loo, recipient of the Trevor Allen Award, is continuing her work with transcranial magnetic stimulation and getting promising results. Indeed Dr Loos is currently looking for volunteers to join the program.

The Trustees are pleased to report that a major fund raiser was held at the well known jazz venue, The Basement, on June 27 under the title 'Sounds Seductive: a night of sensual jazz supporting Schizophrenia research'. This event was organised by Lara Cassar and featured Dan Barnett and Emma Pask, The catholics with Lloyd Swanton and The Paul Joseph trio, with Kevin Hunt. The sincere thanks of the Trustees are extended to these and all others involved in this successful night.

John McAuliffe has continued through this period as Treasurer of the RTF and has managed the investments to secure good returns to the Fund. Dr Patrick Toohey, Chairperson of the Research Trust Fund and long time member, supporter and worker for the Fellowship stepped down as chair in the first part of the year. Pat was experiencing ill health. During his tenure, Pat committed himself to assist the Fellowship in any way he was able. There can be no doubt that Pat's contribution to the Fellowship has been a major one and his intelligence and personality have helped to shape who we are. On behalf of the Trustees and the members of the Fellowship, thanks Pat, get well quickly.

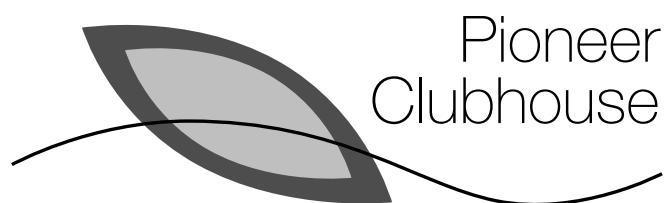
### **Rob Ramjan**

CEO



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*Jazz band, The catholics play up a storm at the Basement for SF's Research Trust Fund in June 2004.*



The year 2003/2004 has been a year of achievement, challenge and consolidation for Pioneer Clubhouse, which has now been in operation for nearly ten years.

In early 2004 we signed a 10 year lease with Manly Council for our current premises in Balgowlah in Sydney's Northern Beach's Area. In early 2005 we hope to renovate and develop these premises as there is a great need for both larger and more purpose built facilities.

Change often happens in bursts and in late 2003 and early 2004 there was a significant turnover of staff in a short period of time. The departure of the previous Director Hiltrud Kivelitz in November 2003, created a challenge, as she had contributed great energy and enthusiasm to her role over the past few years. By the fourth quarter of this financial year a new staffing regime had been established and given the level of disruption experienced, the need for a better succession plan in the future is evident.

Despite these challenges members continued to attend and participate in the service. The average daily attendance was 33. The average number of different individuals participating in Clubhouse activities per month was 119. At the 30th of June 2004, 59 members were in employment.

At the 30th of June 2004, Pioneer had four Transitional Employment Placements (TEPs); two with Balgowlah RSL; one with Dee Why RSL and one with Car Lovers (a part of Dee Why RSL). We thank them for their ongoing support. It is our intention to increase the number of TEPs to approximately six by the end of this calendar year.

While Pioneer Clubhouse has been mainly providing services for members from the Northern Beaches area, some members regularly travel from as far away as Penrith to participate in Pioneer Clubhouse as at this stage it is the only service operating a full Clubhouse model in Sydney. For this we would like to thank the NSW Government Department of Health and particularly the Northern Sydney (and now Central Coast) Area Mental Health Services.

Consumers vote with their feet and the need for more psycho-social rehabilitation services like Pioneer are obvious, particularly if you talk directly with consumers. While more research is always desirable, that which is available clearly demonstrates that in addition to many quality of life improvements, psycho-social rehabilitation services like Pioneer significantly reduce the demand upon acute mental health services. To that end Pioneer is working with the Schizophrenia Fellowship to assist in the establishment of at least three other Clubhouses in New South Wales.

During 2003/2004 the Personal Support Program (PSP), which commenced in the previous year, expanded and consolidated its excellent one-to-one adjunct service to the Clubhouse's more group-orientated activities. Through PSP many individuals with mental illness and often other significant challenges have obtained assistance which has enabled them to achieve various personal, social and/or vocational goals. We thank the Commonwealth Department of Family and Community Services (FACs) for their continued support.

At July 1st 2003 Pioneer recommenced the provision of Job Network services which it had provided between 1998 and 2000. Job Network 3 is funded by the Commonwealth Department of Employment and Workplace Relations. The addition of the Job Network program to the other services provided by Pioneer enables us to provide a more effective continuum of service from basic social support to sustainable employment all within the context of life-long Clubhouse membership. Pioneer has a specialist psychiatric disability Job Network contract. Along with most other Job Network 3 Specialist Disability Services across Australia, for the first six months this program experienced some significant teething problems and challenges. With the addition of the six month DSP Pilot program which commenced in January 2004 the Job Network program has become viable and with extra staff now dedicated to Job Network we hope to realise the full potential of this program as an integral and complimentary component of Clubhouse services.

Pioneer provides both the PSP and Job network service as a member of the Ostara network which consists of more than 20 other similar Non-Government Organisations providing services to people with mental illness.

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*Bill Gye*



An addition to the Pioneer services during 2003/2004 was vocational training in the areas of computer and office skills. This was made possible through the agency of the YWCA with funding from the NSW Department of Education and Training. All participating members achieved statements of attainment and a few achieved full certificate level.

While not naming anyone individually we should thank the dedicated Pioneer staff, many individuals in the Schizophrenia Fellowship of NSW, as well as many outside supporters and Friends of Pioneer for their great work. Above all, as many people know, in the clubhouse model people who have experienced mental illness are neither clients nor patients, but members and the members are both 'service consumers' and 'service producers'. Over these previous 10 years Pioneer has provided services to many members who have in turn made huge contributions to the operations and development of this unique service.

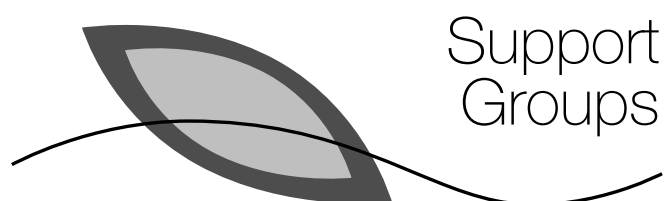
**Bill Gye**

*Director Pioneer Clubhouse*



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*Sandy Freeman receives her certificate of business studies from David Barr, MP at an award ceremony at Pioneer in March.*



The past eight months have been very busy and productive in my role as coordinator of Support Services. I have met with over half of the groups in NSW and will endeavour to meet the remainder of the groups by the end of 2004. Collaboratively, I have worked with members of the community and had some good success in planning for new groups to continue to meet the needs of people in the community with a mental illness and their family/ carers. There is a lot of interest in the community for early intervention groups for both consumers and carers alike.

The Italian community in Sydney is interested in starting up an Italian community group, and one group leader has already come forward and once the group has a second leader, meetings will be planned.

I met with the three Hunter group leaders at Maitland TAFE for a dinner, which students at the TAFE put on and managed. This was a great opportunity for the Hunter group leaders to get together and enjoy a night out. Allison, Ian and Lynelle are doing a wonderful job of running things in the Hunter. It is time to welcome Ruth Gordon as the new group leader of the Cessnock group.

The Yeh family and Connette Wheatley who attend the Newcastle Support Group and many other enthusiastic people from the Central Coast have successfully run two planning days at the Kincumber Neighbourhood Centre. There were over 25 people at the second meeting in July, and plans for a group for consumers and their families/ friends are well and truly under way. The group will now meet at Woy Woy on a monthly basis, and elections for management positions are under way.

The Blacktown group also had an exciting meeting in June, with guest speakers from Blacktown council, CRS and Belinda Lane from the Parramatta group. Again, there is a lot of energy and enthusiasm in this group. Several members met at WestPoint Shopping Centre in May to have a promotional store for Schizophrenia Awareness Week.

The Eastern suburbs group in Bondi continues to be an intimate group where consumers, family and friends can go to access information and support. Ann Renton remains involved in planning and consultation within the community and local council. There is a high level of commitment in this group that meets twice monthly and Ann, Helen and Roger from the group meet a third time each month to plan.

The North Shore group is campaigning strongly and continuing to be an independent group which functions with very little assistance. Satu is highly involved in campaigning and political issues.

Pat and the Northern Beaches group have had a long list of interesting guest speakers attend their group this year, and continue to campaign for important issues like affordable housing.

Welcome to Peta Woods as the new group leader of the Summer Hill group in Sydney. Peta is very active politically and brings valuable experience to the group. Peta has already started networking in Central Sydney and has made some good contacts. Barbara was the group leader at Summer Hill and is now pursuing other ventures.

Joy and the Southern Sydney group continue to provide a close and welcoming service, and Jon from Shoalhaven has organised speakers for meetings until early next year, which is a huge effort.

Plans for the Central Sydney Youth group are coming along with the first meeting planned for August. Planning is continuing for an Early Intervention Carer group in Central Sydney, hoping to meet in September at Camperdown. There is also planning under way for an Early Intervention group in Brookvale.

I was lucky to meet a group of people from the Berrima Cottages at Bowral Hospital recently. Anne is a consumer advocate and Dianna is an Occupational Therapist and they are interested in supporting a consumer action group in the Southern Highlands area.

Elizabeth is working on many exciting projects, including her continued involvement in the Lake Cathie group, and Christine is doing her usual wonderful job of managing the Greater Murray area, which includes supporting separate consumer and carer support groups in Wagga Wagga (see Christine Huntsdales report on page 21 for more details).

The Kempsey and South West Rocks groups are no longer lead by Sue, who has moved onto other things, we are in the process of organising new group leaders to continue the good work in this area. A little further south, but still on the mid north coast, groups are still running strong in Wauchope with Trish and Hastings with Sheila.

I recently spoke at a public meeting in Mudgee about the role of support groups, continuing our support of rural mental health.

I look forward to meeting many new people in the year to come and the many challenges of striving to improve support services in the community for people with or affected by mental illness. I have tried to summarise the work of many of the individual support groups, some of them have provided separate detailed reports below.

### **Scott Thompson**

*Coordinator – Support Services*

## **NORTHERN BEACHES MENTAL HEALTH SUPPORT GROUP**

**PRESIDENT: PATRICIA BOYDELL    TREASURER: SHIRLEY HENDERSON**

The Group is a lobby, educational, fundraising and most importantly a support group, we had another very successful year with a variety of speakers including Prof Phillip Mitchell, Dr Andy Campbell, Dr Glenys Dore, Dr Tony Mastroianni, Dr Zachary Steel who talked about the plight of refugees in mandatory detention – Dr Louise Newman President RANZCP and others have given their time voluntarily to refugees, and of course, our own wonderful mental health professionals.

Our Schizophrenia Awareness Week stall at Warriewood Shopping Square and Mental Health Week stall were again very successful giving members the opportunity to talk to people, give out relevant literature etc. Our thanks to Centro Management once more for their continuing support and the opportunity they gave us.

Our petitions for Affordable Housing now number at least 40 pages and these will be presented to Parliament by Brad Hazzard MP, Member for Wakehurst. With the closure of the Eversham Hotel in Manly, a lot of disadvantaged people will be looking for alternative accommodation. The developer however is establishing a foundation and has already donated \$500 000. John Lockyer CEO Garrigal Housing Association, who is endeavouring to find accommodation for Eversham residents, and Jacqueline Smith Manager Manly Community Centre, of which I am Vice President, are doing a wonderful job.

Affordable housing on the Northern Beaches is an enormous problem – there are 10 year waiting lists for public housing and this area is the second worst affected. More housing needs to be built for single parents, aged people and those suffering from a mental or physical disability. These people want to stay in this area but cannot afford to without government support.

Our 'miracle in the community' the Pioneer Clubhouse continues to go from strength to strength with its wonderful members, a new director, Bill Gye and a special tribute to Robyn Murphy who very competently runs the Personal Support program. The staff are all very dedicated!

Our support group continues to make donations to various groups including NISAD, Tony Trimmingham's Family Drug Support, Prof Philip Mitchell's research, Manly Community Centre because of the wonderful work done there – counselling, fundraising etc.

Our meetings continue to be well attended with the support of the Manly Daily. Their articles certainly make a difference to our attendance.

Thanks to all our guest speakers for making the time available to give talks and our appreciation to the wonderful mental health professionals who keep on, keeping on in difficult circumstances. Thanks also to Pam Bruce (Carers Support Unit) for organising a Wellways program in our area and thanks to Scott Thompson for his support. May SF continue to flourish and its support groups expand.

### **Pat Boydell**

*Group leader – Northern Beaches Support Group.*

## **NEWCASTLE SUPPORT GROUP (see also Hunter CDO report on page 23)**

I was re-elected for a third term as group leader of the Newcastle Support Group. Our group has been operating for 15 years. We meet on the third Monday of each month, at 7:30pm at the Joy Cummings Centre, Scott St, Newcastle. Our group has about 20 people per meeting and occasionally we have guest speakers covering various topics. Professor Vaughn Carr has attended, as well as a bush poet and some belly dancers for a few lighter moments. We also have monthly dinners at restaurants and occasionally run other social activities. We have an annual holiday at Lake Macquarie. Our group contains many tireless volunteers who have donated their time and energy over many years. Jenny Nichols, Jane Fairclough, Val Cribbs and Kaz Francis, we thank you all! On a sad note, our good friend Pat Sneesby, former Newcastle Group Leader, passed away this year. She was an excellent leader and will be sorely missed by many in the group.

I would like to thank Grahame Steel who is a great contributor to mental health issues in the area, thank you Grahame!

We had a number of functions. There were two art shows, one was at Outback Art, Mayfield and was attended by Senator John Tierney and Bryce Gaundry, State Member for Newcastle. This function was organised by Debra Walters our previous Community Development Officer (CDO) and Carer Advocate for the Hunter. The Newcastle Support Group did all the catering and we would like to thank all the people who donated their time and a special thank you to Roy and Carolyn Ryan who own the art gallery.

The second was an aboriginal art show at Garden City for a week and a number of people volunteered their time; once again we would like to thank everyone for their support of the Schizophrenia Fellowship.

We have a number of representatives on the Hunter Mental Health Community Reference Group, which meets at the James Fletcher Hospital and a regional Steering Committee which is organised by SFNSW.

This year we have been sponsored by the Newcastle University Medical Society, as their charity for the year. So far we have held a jazz concert at King Edward Park, Newcastle, which was attended by over 1000 people and raised \$870. A debate and a bowling competition were also held on our behalf by the Medical Society, thank you to all those involved.

#### **SCHIZOPHRENIA AWARENESS WEEK**

We had an excellent week. The medical students had a big campaign on campus to make students and staff aware of schizophrenia and we also had information stalls at the John Hunter Hospital and Charlestown Square Shopping Centre. Both stalls were well supported by the public.

We held a combined church service at Newcastle Christ Church Cathedral with a candlelight vigil. A couple of hundred people attended including the Lord Mayor of Newcastle, the Federal Member for Newcastle, Sharon Grierson and the State Member, Bryce Gaundry. A number of people gave speeches and read prayers. We also had a well attended dinner at Cardiff RSL.

#### **2004-2005 DIRECTIONAL PLANS**

Our plan is to expand our membership base, more fundraising and to work on ways to help people with a mental illness to begin to stand up for ourselves.

#### **Ian Walker**

*Group Leader, Newcastle Support Group*

#### **EASTERN SUBURBS SUPPORT GROUP**

Our meetings usually consist of 6-12 people and we have many regulars who have attended consistently over the past few years, with others coming and going.

The group meets twice a month at the Uniting Church Hall at Bondi at 7pm. A core group also meets on Thursdays to undertake planning for the other meetings.

Although we do not engage in many activities, we enjoy each others company and the feeling of being a part of something bigger. Each person gets the chance to talk about their situation and problems, and the vision and ethics of the Fellowship are respected and practised at meetings.

I feel the members have gained further insight into mental illness, and have experienced personal growth as a result of their support group experience. The support group is greatly appreciated by those who attend each meeting. Information on mental health organisations and associated literature is often distributed and those with cars see others safely home at the end of meetings.

The meetings are not formally structured, we just insist on honest, to the point discussion. I am very pleased with the input, conduct and attendance and am pleased to say that the meetings occur in a happy and caring manner.

#### **Ann Renton**

*Group Leader Eastern Suburbs Support Group*

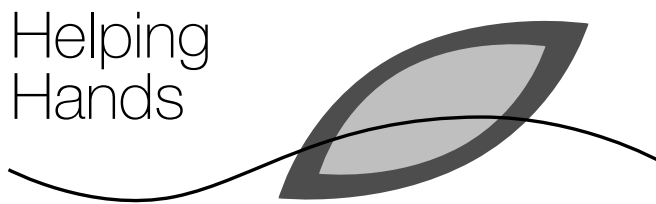
#### **WESTERN SUBURBS SUPPORT GROUP**

My group is a group that has many interesting things to talk about regarding mental illness. It is a friendly meeting and everyone is welcome. This year, we have had speakers on medication and a speaker from NISAD. We have also had visits from head office and we have watched videos on mental illness and had good group discussions about these. We are appalled that there are not enough beds or staffing in the hospitals and that mental health teams need more staff. We intend to write letters to government about these issues.

Our plans for the future are to make our group grow and to teach people to understand mental illness and stop stigma by social change and word of mouth. We also aim to interact with other groups. We have stalls at Parramatta Town Hall to raise money for the group.

#### **Belinda Lane**

*Chair person*



The 30th June 04 saw the close of the first year that Helping Hands in Nowra has been running under the auspice of Schizophrenia Fellowship. Helping Hands is a volunteer service based in Nowra that offers volunteer support to people with mental illness. It was established in 2001 by the Area Health Service (AHS) as a pilot project. The program trains volunteers, who are then linked with individual consumers from the Nowra and Ulladulla area to provide support in a range of activities such as shopping, social and recreational activities, education and training opportunities, etc. The volunteers also organise a range of group activities including sporting, recreational and education opportunities. The program is run by a coordinator with some administrative assistance. Sometimes the volunteers are the only people with whom the consumers have regular contact with. Volunteers also provide a vital link between the consumers and the community health services. The Helping Hands program initiates various activities to reduce the stigma of mental illness in the local community.

Since the Fellowship took over the management of Helping Hands it has grown and developed. The number of volunteers has increased, as has the number of consumers who have links with volunteers. The profile of Helping Hands has been increased through media, talks and networking with health professionals and other non-government and government agencies. The program has been extended to consumers referred from agencies other than the mental health service.

### **VOLUNTEER TRAINING**

The Volunteer Training package has been reviewed and revised and two groups have been trained this year. October 20 2003 saw 15 new volunteers join our team and in April 2004 we trained 13 new recruits. The training was facilitated by the staff from the Junction and the Mental Health team and of course our consumers who are our best teachers of all. Many thanks to all who have had input into the training days – there are far too many to mention.

The Helping Hands volunteers were offered the opportunity to attend the Mental Health First Aid course, facilitated by Jon Strang. There were 14 attendees and all gave excellent feedback on its benefits. Linking with Volunteering Illawarra has been a great resource for Helping Hands as this link has offered our volunteers and me good quality training at a reasonable price on various topics of interest to us all.

### **VOLUNTEER ACTIVITIES**

Our volunteers support consumers in four ways – group days out, regular group activities, one-on-one activities and helping in the office.

We have been lucky enough to secure the use of a 22 seater bus kindly and generously donated by the Ex-servicemen's Club here in Nowra. We are given the use of the bus free of charge as well as fuel supplied. This has enabled the volunteers to offer wonderful days out at a minimal cost to the people attending. The lack of transport available here in the Shoalhaven has contributed to making our outings a real treat for all concerned. I'm not sure who enjoys our days the most – the consumers, volunteers or staff! We are planning (and excited about) a short holiday in the near future. A huge thanks to Chris Allen at the Club.

### **VOLUNTEER-RUN GROUPS**

More than a dozen activities are organised and run by volunteers on a weekly basis –including lawn bowls, a women's group, bingo, creative writing, a men's group, music group and ten pin bowling. The West Street Sport and Recreation Club offers lunch and activities twice a week and the FEAST program on smoking cessation and eating well ran over 4 weeks with 10 consumers attending and benefiting.

Our one-on-one links involve a volunteer linked to an individual consumer to offer support in socialisation, friendship, fun, shopping, transport, tuition and tutoring, exercising and much more. The volunteers also monitor the consumer's general

*Helping Hands volunteers receive their mental health first aid certificates in Nowra earlier this year.*



well-being. For some of the consumers who access this program the volunteers are the only contact they have with people for long periods of time. Many a time the volunteers are the eyes and the ears of the case workers.

### **OTHER ACTIVITIES**

The Helping Hands Newsletter has been created with the combined effort of staff, consumers and volunteers. The newsletter is informative, useful and the distribution continues communication with those more isolated.

We successfully applied for a Commonwealth Department of Family and Community Services Volunteer Small Equipment Grants 2003 for \$3500 for a computer, printer and digital camera.

A first for me was presenting Helping Hands at the NGO/Health Conference in March. Having never presented at a conference I felt this was more of a challenge than I could cope with, but with encouragement from Sue Sacker, Rob Ramjan and Bron Lunt the presentation went well and many thanks to Don Bastock (volunteer) and Steve Miners (consumer in the programme ) who presented with me.

We have established an advisory committee for Helping Hands, which meets quarterly to guide and support the program. Both volunteers and consumers attend this meeting.

### **VALE GRANT FORD**

Grant Ford had just completed the volunteer training when he died suddenly on May 2. He is greatly missed in his many roles as a friend, a committed consumer representative and a tireless advocate for others with mental illness.

### **REFUNDING BATTLE**

Helping Hands was offered to the Fellowship with funding for one year. Our application for ongoing funding was rejected on the grounds that the Area did not have sufficient funds. When the volunteers, consumers and local supporters heard this news they lobbied long and hard for Helping Hands. A stream of over 100 letters landed on the desk of the CEO of Illawarra AHS and several meetings were held with Joanna Gash MP (Federal Member for Gilmore) and Shelley Hancock MP (State Member for South Coast), who were both very supportive. The matter was raised in State Parliament by Shelley Hancock and covered extensively in the South Coast Register. In the end we had a positive outcome in that we have a further 12 months funding from Illawarra AHS.

### **STATISTICS**

Total number of volunteers as at 31 June	49
Number of one to one links – volunteer with consumer	67
Number of one to one link hours	1142
Total number of group activity hours	673
Total consumer hours spent in group activities	1196
Number of office volunteer hours	142

I would like to thank the volunteers for there tireless efforts to ensure that Helping Hands continues to grow from strength to strength and the high standard that you have set in the eyes of the community and referring agencies. Many thanks to the team at the Junction for all of the support given to the program and Sue and Rob for constantly telling me I can, thanks for a great year.

**Katy Smith**

*Coordinator*

# Donations



## \$5000 AND OVER

McAuliffe, J

## \$1000 TO \$4999

Campbell C  
Central Coast ZONTA  
Cox M  
Daru J  
Gordon Golf Club  
T.L Distribution Ltd

## \$ 500 TO \$999

Berowra Apex  
BHP Steel  
Byrne S  
Harris PM & YV  
NSW Health Care

## \$100 TO \$499

Ashen F, Baillie B, Baillie B & C, Baines N, Boss-Walker Bob, Carla Cranny P/L, Cessnock Consumers & Carers, Chance T, Choate M, Clark K - M H P, Downs E, Eggleston L, Einfeld S, Fairless W, Fentiman B, Frost P A, Gledhill M.C, Gluskie S, Greenham G, Harris A, Hexton M, James E, Kebia Importex P/L, Lansvale H, Livanos H, Mallia L, Masson R & P, Morris N, Phillips S, Pollack R, Potter T, Ramjan R, Sabiel P, Scott A & J, Sisters of St Joseph, Smith G, St Vincent De Paul, Wai R, Wakeford P & J, Withers D, Young E & N

## \$50 TO \$99

Abbas D, Anderson J, Barber E, Binskin L, Bruce P & I, Clarke Chris, Coggins R, Fead C, Fiedler B & B,

Fogarty N, Forster G, Fryer J, Gibson J, Gisz D, Green A, Holt W, Holt W & G, Interactive Maint. P/L, Jackson G, James A, Kastropil P, Kennedy Stamps Pty Ltd, Lousada H, Love M, Mazzolo P, McKechnie A, Mitchell J, Moodie R & S, Mullin G A, Neilssen O, OT Dept, USYD, Parrington C, Phillips N, Power P, Quinlan K, Richardson P, Roper D, Schulz K, SFNSW Staff, Sharpe B, Sprigge J, Stanton P R, Walsa M, War J, Winmalee Public School

## BELOW \$50

Abraham J, Alexander H, Anderson M, Andrews C, Arnold S, Aslandis S & H, Austen T, Ballard S, Bamforth E, Barber P, Baris D, Barr E, Barrett C, Barrett P, Baxter S, Bellamy S, Bennett D A, Bentley A, Berbee E, Biddle M, Berton L, Bilton J, Bishop H, Blackman J, Blesing M, Blunt G, Booth J, Bowen Lionel, Bowen M A, Bowering K, Bowles M W, Brady Adrian, Brasier B, Brennan T, Brown G, Brown S, Buchanan M, Bull D, Bulla R, Burbidge P, Burgmann J, Burton P & M, Cain R, Cameron M, Campey E, Cannon B, Carter E, Cawsey N H, Chalmers G, Cherry V, Chown B, Churchill J, Clarke G, Brennan T, Brown G, Brown S,

Buchanan M, Bull D, Bulla R, Burbidge P, Burgmann J, Burton P & M, Cain R, Cameron M, Campey E, Cannon B, Carter E, Cawsey N H, Chalmers G, Cherry V, Chown B, Churchill J, Clarke G, Clarke H, Clarke Mrs, Clilverd R, Condell C, Congdon A, Connolly L, Cook J, Cram Ms, Crook A, Cram Ms, Crook A, Cumming J, Cutcliffe P, Czrrodus J, Darby J, Dimakis E, Dixon J, Dodds C & B, Donnelly M, Donovan J, Douglas R J, Dring Sam, Elliott E, Erskine T N & N A, Farmer W, Ferrasi R, Fickert C, Field A, Fontaine, Ford D, Fraser D, Giffney T, Ginges H & H, Gilverd R, Gollan H, Gondan C, Gray D, Gray R, Griffin R, Haddin B, Hanigan R, Hann T, Hardy J, Harkness L & H, Hartley D, Hay D, Hertel E, Hetherington K, Hickey N, Hills J, Hoare R & D, Holsinger P, Horan M, Hossack M, Howard A, Huntsdale A, Jackson D, Jacovides, Jarvis W, Jauhari G, Jennings C & P, Jensen L, Jones J, Jones P, Jordan G & P, Kaiote K, Kapsalis D, Kearns R & M, Kearns R M, Kelaher P J, Kembal L & H, Kenny M, Kenny M & R, Kew B, Kew E B, King H D, King P, Kinsella M, Krishna K, Kristeller H, Kujawski B, Kumar A, Laker Y, Layton M, Layton S, Lee E, Leung C, Lewis B, Lewis J, Lifeline, Littlefoot Productions, Liu H, Lonegran J, Loney M,

Lopes I & A, MacDonal T & N, Machon S, Maher J, Major S, Marsh C, Marsh J, Marsh N, Marsh V M, Mathews B & C, Mathews B A, McCormick A, McFarlane I, McFarlane M, McGarity B, McGlenn M & J, McIntire K, McKenzie N, McLaurin J, McLure W & H, McMahon M, McNair B, McPherson B, Meales J, Meehan J & H & C, Michael, Mills B, Milne Y, Mitchell P, Moldkick B & M, Molina S, Moorfoot K, Morison R, Morris A, Mullins C, Munday J, Nach G, Nicoll E, Ninness T J, Nitchell D, Norman D & S, O'Brien J, Olegasegarem M & R, Ool P, Outridge D, Owens O, Page C, Pamatmat B, Pandelakis S, Parker J, Parks J, Parr W, Parris N & T, Paterson M, Paul J, Pead P & M, Pearson G & B, Pesten A, Pflieger G & H, Pietsch N, Poetsch S, Poole M, Powers V, Pritchard R, Quinton E, Ramjan B, Randall L, Reynolds R, Rigozzi J, Roche E, Roldan N, Ross R, Rovere T, Rowe L & J, Russell L, Saxton M, Schaeffer J, Schuberg J, Schulz S, Schweizer Mr & Mrs, Sexton Mr & Mrs, Shirvington A, Shore P R, Sievwright D K, Silver E, Smith E, Smith P & M, Snook T, Souter B, Southcott I & B, Spink J, Sproule M, Stanton Vicki, Stapleton M, Steel L, Steere C, Strate K, Sullivan J, Sutton H, Swinfield K, Swinfield M, Tamsett J,

Tarmo T, Taylor R & E,  
 Thomas P, Thompson R,  
 Thurgood R, Tierney K,  
 Tolmie L & M, Torpey M,  
 Turnbull H, Tyler W,  
 Van Burk W, Voorn T,  
 Walker E, Walter K, Ware G,  
 Warham B, Watchorn J,  
 Watson G, Wheeler R,  
 Whelan T, Whitford D,  
 Wilson D, Wilson N, Wilson P,  
 Windberg H, Wolters V,  
 Wood M, Woods P & W,  
 Wright L, Wylie K & B,  
 Young E, Young J, Young M

**VIA SEAN AND KERRIE  
 McARDLE**

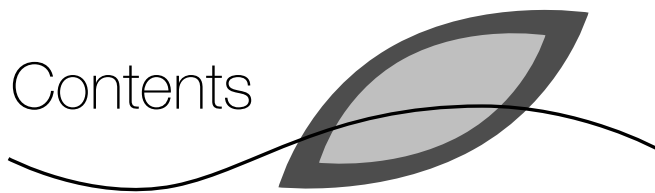
Brian R & M,  
 Miller Tech High School,  
 Ryde-Eastwood Leagues  
 Club,  
 St Ignatius' College,  
 Marist Sisters College,  
 Our Lady of Mercy College  
 Parramatta,  
 Parramatta Marist HS,  
 Ryde Ladies Probus Club,  
 Sth East Sydney AHS,  
 St John Bosco College –  
 Engadine,  
 St. Ignatius College,  
 Riverview,  
 Wesley Home Care,  
 Western Sydney Institute of  
 TAFE,  
 Wyong Child and Parent  
 Support Service – CAPS

**RESEARCH TRUST  
 FUND AND PETER  
 MEYER FUND  
 DONATIONS**

Abbas D, Adlam V,  
 Alexander H, Anderson J,  
 Ashen F, Austen T,  
 Baillie B, Baillie B & C,

Ballard S, Barden E,  
 Barrett C, Barrett P,  
 Bentley A, Bierton L,  
 Binskin L, Black A, Blackman  
 J, Booth J, Bowering K,  
 Brookes K A & K D, Brown  
 G, Brown G, Brown S, Bulgin  
 D, Bull D, Burgmann J,  
 Burton P & M, Cain R,  
 Campey E, Carter J,  
 Cawsey N, Cessnock  
 Consumers & Carers,  
 Cherry V, Chown B, Clarke  
 G, Clarke G, Clarke H,  
 Clarke Mrs, Condell C,  
 Congdon A, Cook J, Cox M,  
 Crook A, Crouch J & D,  
 Czrrodus J, Dallen D, Dodds  
 B, Dring S, Eggleston L,  
 Eklund, Elliott E, Ellis A,  
 Fead C, Ferrasi R, Fielder B  
 & B, Gilchrist M J, Gray D,  
 Hann T, Harris A, Hay D,  
 Hazelbrook Infants School  
 Hazelbrook School - Funds  
 Acc, Hazelbrook School -  
 Parents Ass., Hertel E,  
 Hexton M, Hills J, Hoare R &  
 D, Hogan A, Holt W & G,  
 Hossack M, Howard A,  
 Hyams S, Isaac P, James E,  
 Jarvis W, Jennings C & P,  
 Jones P, Kastropil P, Kearns  
 R & M, Kearns R M,  
 Kelaher P J, Kendall I & C,  
 Kenny M, Kenny M & R,  
 Kew B, Kew E B,  
 Kristeller H, Lau F C, Layton  
 Sylvia, Leung C, Lopes A,  
 Lopes I & A, Maher J,  
 Major S, Marsh C, Marsh J,  
 Masson R & P, McGlenn M &  
 J, McLaurin J, McLaurin J,  
 McMahan M, Meehan J & H  
 & C, Mehta F,  
 Merchant M & R, Meyer M,  
 Meyer R, Milne Y,

Moldkick B & M, Mullins C,  
 Munday J, Nach G,  
 Nitchell D, Ool P, Outridge D,  
 Parkinson J, Parks J, Parr W,  
 Patterson J, Paul J, Pead P  
 & M, Pearson G & B, Perkins  
 B, Phillips N, Pietsch N,  
 Poetsch S, Power P,  
 Pritchard B, Pryce T & A,  
 Quinlan K, Raheb M,  
 Richards W, Richardson P,  
 Rigozzi J, Roche E, Roseth N,  
 RTF Raffle Fundraiser,  
 Rummery A L, Russell L,  
 Ryan C, Sabiel P, Sabiel P,  
 Schulz S, Sellers M J,  
 Sharpe B, Shaw R, Shore P R,  
 Silver J, Smith G, Smith P &  
 M, Souter B, Southcott I & B,  
 Sprigge J, Stapleton M,  
 Sullivan J, Swinfield M,  
 Thomas N, Thomas P,  
 Thompson R, Thurgood R,  
 Tierney K, Vettori E, Voorn T,  
 Wai R, Wakeford P & J,  
 Walker J E & M, Walsa M,  
 Walsh Mr & Ms, Walter K,  
 Wang K, Ware G,  
 Warrimoo Public School,  
 Watson G, Wheatley M,  
 Whitford D, Willings M,  
 Wills H, Wilson N,  
 Withers D, Wood J & P,  
 Wood M



## Financial Report 2003 – 2004

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## SCHIZOPHRENIA FELLOWSHIP OF NEW SOUTH WALES INC. AND CONTROLLED ENTITY

**Statement of Financial Performance**

For the year ended 30 June 2004

		<b>2004</b>	<b>2003</b>
		<b>\$</b>	<b>\$</b>
Revenue from ordinary activities	2	1674661	1180456
Employee benefits expenses		(1055867)	(725924)
Depreciation and amortisation expense		(44532)	(39369)
Borrowing costs expense		-	-
Other expenses from ordinary activities		<u>(504659)</u>	<u>(412825)</u>
Surplus from ordinary activities before income tax expense	3	69603	2338
Income tax expense relating to ordinary activities (Note 1(b))	1(b)	<u>-</u>	<u>-</u>
Net surplus from ordinary activities after income tax expense attributable to the Fellowship		69603	2338
Net (increase) decrease in reserves:			
GROW reserve in respect of the Pioneer Clubhouse	13	-	-
Capital asset acquisition reserve in respect of the Pioneer Clubhouse	13	-	7000
Total changes in equity of the Fellowship (Note 14)	14	<u><u>69603</u></u>	<u><u>9338</u></u>

*The accompanying notes form part of this financial report.*

## SCHIZOPHRENIA FELLOWSHIP OF NEW SOUTH WALES INC. AND CONTROLLED ENTITY

**Statement of Financial Position**

For the year ended 30 June 2004

	Notes	2004 \$	2003 \$
<b>CURRENT ASSETS</b>			
Cash	4	476732	380320
Receivables	5	88433	70838
Other	6	23841	22060
<b>Total Current Assets</b>		<u>589006</u>	<u>473218</u>
<b>NON CURRENT ASSETS</b>			
Other financial assets	7	–	21929
Plant & equipment	8	264535	281235
<b>Total Non Current Assets</b>		<u>264535</u>	<u>303164</u>
<b>Total Assets</b>		<u>853541</u>	<u>776382</u>
<b>CURRENT LIABILITIES</b>			
Payables	9	379704	360663
Provisions	10	38740	63162
Other advances	11	21641	11093
<b>Total Current Liabilities</b>		<u>440085</u>	<u>434918</u>
<b>NON CURRENT LIABILITIES</b>			
Provisions	12	23340	20951
<b>Total Non Current Liabilities</b>		<u>23340</u>	<u>20951</u>
<b>Total Liabilities</b>		<u>463425</u>	<u>455869</u>
<b>Net Assets</b>		<u>390116</u>	<u>320513</u>
<b>EQUITY</b>			
Reserves	13	15000	15000
Retained surpluses	14	375116	305513
<b>Total Equity</b>		<u>390116</u>	<u>320513</u>

*The accompanying notes form part of this financial report.*

## SCHIZOPHRENIA FELLOWSHIP OF NEW SOUTH WALES INC. AND CONTROLLED ENTITY

**Detailed Operating Income and Expenditure Statement**

For the year ended 30 June 2004

	<b>2004</b>	<b>2003</b>
	<b>\$</b>	<b>\$</b>
<b>INCOME</b>		
Donations	50820	102968
Grants:		
NSW Department of Health	209112	206679
Other specific tied	573314	250563
Membership fees	12867	13247
Interest Received	18427	14901
Profit on sale of assets	2727	-
Management recoveries:		
Clubhouse operations	33000	32770
Job Network – Northern Beaches	27000	23945
External	77984	4030
Proceeds of sale of books & videos	5122	69471
Proceeds from other activities	63113	
Net surplus from:		
Pioneer Clubhouse activity	29385	(8113)
Job Network – Northern Beaches	42783	-
Respite and recreation activity	3281	2337
	<u>1148935</u>	<u>712798</u>
<b>EXPENSES</b>		
Accountancy	10922	6347
Amortization of leasehold improvements	26004	18935
Auditor fees	16500	12000
Bank charges	882	845
Depreciation	7140	7140
Functions and activities	34722	62958
Insurance	5474	7101
Office cleaning & utilities	4060	6709
Office general	11170	10528
Motor vehicle	8549	4563
Photocopier maintenance	4363	5131
Postage	12460	12244
Printing and stationery	31029	38564
Provision for staff entitlements	9539	7760
Purchase of books and videos	6501	4360
Rental	3000	3000
Staffing costs	296436	269755
Superannuation	25643	23297
Telephone	6926	8558
Travel and conferences	19620	9296
Training of staff	544	671
Web site provisioning	605	3803

*The accompanying notes form part of this financial report.*

## SCHIZOPHRENIA FELLOWSHIP OF NEW SOUTH WALES INC. AND CONTROLLED ENTITY

**Detailed Operating Income and Expenditure Statement** (continued)

For the year ended 30 June 2004

	<b>2004</b>	<b>2003</b>
	<b>\$</b>	<b>\$</b>
EXPENSES (continued)		
Specific grant based expenditures (recovered):		
Greek Community Development (funded)	36453	41883
Hunter Area Health		
Funded	31539	12476
Not funded	–	1752
Janssen Cilag Institutional strengthening package initiatives - funded	9300	–
Greater Murray (funded)	47598	27441
Carers Project		
Funded	364209	125242
Not funded	–	1459
Education Programme		
Funded	19581	11572
Not funded	865	–
Helping Hands (funded)	44384	–
	<u>1096018</u>	<u>745390</u>
Operating Surplus (Deficit) for the year before the effect of any significant items	52917	(32592)
Significant items – revenues and expenses		
Revenue:		
Donation in respect of capital expenditure	12257	50000
Grants for capital expenditure	4964	19582
Expenses:		
Net settlement in relation to past NSW Department of Health grants	–	(12652)
Provision for refund of previously received tied donation upon the programme to which the donation was tied not being able to be proceeded with at this time or in the foreseeable future.	(535)	(22000)
Surplus from ordinary activities before income tax expense	<u>69603</u>	<u>2338</u>

*The accompanying notes form part of this financial report.*

## SCHIZOPHRENIA FELLOWSHIP OF NEW SOUTH WALES INC. AND CONTROLLED ENTITY

**Statement of Cash Flows**

For the year ended 30 June 2004

	Notes	2004 \$	2003 \$
<b>Cash flows from operating activities</b>			
Payments			
Suppliers and employees			(1072032)
Receipts			
Interest received			17865
Memberships			12450
Donations			161319
Other			77623
<b>Net cash used in investing activities</b>	17(b)	<u>(828272)</u>	<u>(802775)</u>
<b>Cash flows from investing activities</b>			
Payments for property, plant and equipment		(71947)	(114242)
Loans/repayments to related parties		(15550)	–
Payment for previous donation		(22535)	(9310)
Proceeds from sale of property, plant and equipment		43982	3086
Advances from related parties		22969	–
Proceeds from redemption of bond		22535	21250
<b>Net cash used in investing activities</b>		<u>(20546)</u>	<u>(99216)</u>
<b>Cash flows from government/other</b>			
Receipts from appropriation/grants			
Recurrent (Government)		940218	940218
Capital		5012	5012
Other/Special (Non Government)		–	–
<b>Net cash inflow provided by government/other grants</b>		<u>945,230</u>	<u>945230</u>
<b>Net increase in cash held</b>		96412	43239
Cash at the beginning of the financial year		380320	337081
<b>Cash at the end of the financial year</b>	17(a)	<u><u>476732</u></u>	<u><u>380320</u></u>

The accompanying notes form part of this financial report.

**Notes to the Financial Statements**

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For the year ended 30 June 2004

**1. STATEMENT OF SIGNIFICANT ACCOUNTING POLICIES**

This financial report is a general purpose financial report that has been prepared in accordance with Australian Accounting Standards, Urgent Issues Group Consensus Views and other authoritative pronouncements of the Australia Accounting Standards Board and the requirements of the Associations Incorporation Act (NSW).

The financial report covers the Schizophrenia Fellowship of NSW Inc. as an individual entity. The Fellowship is an association incorporated in New South Wales under the Associations Incorporation Act 1984.

The financial report of the Fellowship is prepared on an accruals basis and is based on historical costs and does not take into account changing money values or, except where stated, current valuations of non current assets. Cost is based on the fair values of the consideration given in exchange for assets.

The following is a summary of the material accounting policies adopted by the Fellowship in the preparation of the financial report. The accounting policies have been consistently applied, unless otherwise stated.

(a) Principles of Consolidation – Controlled Entity

Under the provisions of the trust deed in establishment of the Research Trust Fund the Management Committee of the Fellowship is able to appoint the majority of the trustees of the Research Trust Fund. On this basis the Research Trust Fund is able to be controlled by the Fellowship and therefore the trust is a controlled entity of the Fellowship.

Generally accepted accounting practice would require the members of the Fellowship to be provided with, in addition to the general purpose financial report in relation to the Fellowship in its own right, a general purpose financial report in relation to the Fellowship and its controlled entity in the form of a consolidated set of financial statements.

On the basis of the following important factors:

- (i) That a general purpose financial report in relation to the Research Trust Fund in its own right is, as a matter of practice, provided, along with the general purpose financial report of the Fellowship, to the members of the Fellowship at the annual general meeting of the Fellowship; and
- (ii) That the objects of the Research Trust Fund as referred to in the trust deed of the Fund are quite distinct from the objects of the Fellowship as stated in the Statement of Objects of the Fellowship;

the Management Committee of the Fellowship considered that it was not, for the current financial year (as in the case of the immediate prior year), appropriate to include the financial affairs of the Research Trust Fund, in the what then would become the consolidated financial statements of the economic entity (that being the Fellowship and the Research Trust Fund).

A controlled entity is an entity controlled by the Fellowship. Control exists where the Fellowship has the capacity to dominate the decision making in relation to the financial and operating policies of another entity so that the other entity operates to achieve the objectives of the Fellowship.

## SCHIZOPHRENIA FELLOWSHIP OF NEW SOUTH WALES INC. AND CONTROLLED ENTITY

**Notes to the Financial Statements** (continued)

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For the year ended 30 June 2004

**1. STATEMENT OF SIGNIFICANT ACCOUNTING POLICIES (CONTINUED)****(b) Income Tax**

As a registered charity, the Fellowship is not liable for the payment of income tax on its earnings.

**(c) Acquisition of Assets**

The cost method of accounting is used for all acquisitions of assets regardless of the type of asset acquired. Cost is determined as the fair value of the assets given up at the date of acquisition given in exchange for the assets plus costs incidental to the acquisition.

In relation to assets that come under the ownership of the Fellowship as a result of having been directly donated to the Fellowship (as distinct from monies or monies equivalent given to the Fellowship as a means of purchasing the asset in question), such assets are not accounted for within the financial statements of the Fellowship except in those instances where the nature of the asset so given to the Fellowship is both significant in value and of lasting worth to the Fellowship.

**(d) Employee Entitlements**

The liability to employees of the Fellowship for long service leave and annual leave is recognized on the basis of statutory and contractual obligations and arrangements. Provision for long service leave is made on a pro-rata basis for all employees who have entered into their sixth year of employment with the Fellowship as of the balance date.

**(e) Cash**

For purposes of the statement of cash flows, cash on hand, at banks and deposits at call which are readily convertible to cash on hand and which are used in the cash management function on a day-to-day basis, net of outstanding bank overdrafts.

**(f) Investments**

Investments are brought to account at cost or at independent valuation. The carrying amount of investments is reviewed annually by the Management Committee to ensure that it is not in excess of the recoverable amount of those investments. The recoverable amount is assessed from the units' current market value or the underlying net assets in the particular entities.

The expected net cash flows from investments have not been discounted to their present value in determining the recoverable amounts.

**(g) Goods and Services Tax (GST)**

Revenues, expenses and assets are recognised net of the amount of GST, except where the amount of GST incurred is not recoverable from the Australian Taxation Office. In these circumstances the GST is recognised as part of the cost of acquisition of the asset or as part of an item of the expense. Receivables and payables in the Statement of Financial Position are shown inclusive of GST.

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For the year ended 30 June 2004

## 1. STATEMENT OF SIGNIFICANT ACCOUNTING POLICIES (CONTINUED)

### (h) Property, Plant and Equipment

Each class of property, plant and equipment is carried at cost or fair value less, where applicable, any accumulated depreciation.

The depreciable amounts of all fixed assets are depreciated over the useful lives of the assets to the Fellowship commencing from the time the asset is held ready for use. Leasehold improvements are amortised over the shorter of either the unexpired period of the lease or the estimated useful lives of the improvements. All assets are currently depreciated on a straight line basis at a rate of 20%.

### (i) Assets of Support Groups/Change in Accounting Policy

Funds existing as at balance date on the part of what is referred to as Support Groups of the Fellowship are not incorporated within the financial statements of the Fellowship as at year end. Primarily this is due to fact that the extent of such funds is relatively small and that receipts issued in respect of such funds are not under the general auspices of the Fellowship. However, in those instances where the nature of a Support Group's activities are such that there is an undertaking of some significance and there is more than likely some associated funding obligations on the part of the Fellowship, together with the fact that the Support Group concerned is raising funds under the auspices of Fellowship based receipt procedures, the full extent of the financial activities of the relevant Support Group is incorporated within the overall financial reporting regime of the Fellowship notwithstanding the existence of an understanding between the Fellowship and the Support Group concerned to the effect that any such funds on the part of the Support Group are only intended as being expended on the activity with which the Support Group is directly concerned.

The circumstances of an undertaking of some significance as referred to above existed on the part of the Manly Warringah Mental Health Task Force Support Group in that it has the primary responsibility for the running of the Pioneer Clubhouse within its area albeit the ultimate responsibility in terms of the appropriate accountability to government for the Pioneer Clubhouse, rests with the Fellowship.

### (j) Employee benefits

Provision is made for the Fellowship's liability for employee benefits (such benefits being long service leave and annual leave) on the basis of statutory and contractual obligations and arrangements. Provision for long service leave is made on a pro rata basis for all employees who have entered into the sixth year of employment with the Fellowship.

All employee benefits (irrespective of whether they are expected to be settled within one year or a period beyond that) have been measured at the amount expected to be paid when the liability is settled, plus related on-costs.

### (k) Funding of Fixed Assets

Grant income is brought to account, as income, for expenditure that includes expenditures incurred in the acquisition of assets which have been specified in the grant application, notwithstanding that such assets, net of applicable amounts of depreciation, will have been capitalized as an asset in the balance sheet of the Fellowship. The amount by which grant revenues brought to account as revenues in the income and expenditure statement for the year in accordance with the policy, where they are major, are incorporated in the result of the Fellowship for the year as a significant item. This approach is to be distinguished from that policy where donations (and not significant grant monies) are obtained for the express purpose of funding the acquisition of certain assets - such income being brought to account in the income and expenditure statement in the ordinary course.

## SCHIZOPHRENIA FELLOWSHIP OF NEW SOUTH WALES INC. AND CONTROLLED ENTITY

**Notes to the Financial Statements** (continued)

For the year ended 30 June 2004

## 1. STATEMENT OF SIGNIFICANT ACCOUNTING POLICIES (CONTINUED)

(j) Adoption of Australian Equivalents to International Reporting Standards

Australia is currently preparing for the introduction of International Financial Reporting Standards (IFRS) effective for financial years commencing 1 January 2005. This requires the production of accounting data for future comparative purposes at the end of the current financial year.

The committee are assessing the significance of these changes and preparing for their implementation. A separate IFRS subcommittee has been established to oversee and manage the Fellowship's transition to IFRS.

The committee are of the opinion that the key differences in the Fellowship's accounting policies which will arise from the adoption of IFRS are:

Impairment of Assets

The entity currently determines the recoverable amount of an asset on the basis of undiscounted net cash flows that will be received from the assets use and subsequent disposal. In terms pending AASB 136 Impairment of Assets, the recoverable amount of an asset will be determined as the higher of fair value less costs to sell and value in use. It is likely that this change in accounting policy will lead to impairments being recognised more often than under the existing policy.

Non-Current Investments

Under the pending AASB 139 Financial Instruments: Recognition and Measurement, financial instruments that are classified as available for sale instruments must be carried at fair value. Unrealised gains or losses may be recognised either in income or directly to equity. Current accounting policy is to measure non-current investments at cost, with an annual review by directors to ensure that the carrying amounts are not in excess of the recoverable value of the instrument.

2004	2003
\$	\$

## 2. REVENUE

Operating activities		
– member subscriptions		13247
– operating grants		870765
– donations		176319
– sales of publications		4030
– proceeds from activities		71134
– management cost recoveries		23945
Non operating activities		
– interest received		18146
– investment earnings (diminution)	606	(216)
– proceeds of disposal of capital assets		3086
Total revenue	_____	_____
	=====	=====
		1180456

## SCHIZOPHRENIA FELLOWSHIP OF NEW SOUTH WALES INC. AND CONTROLLED ENTITY

## Notes to the Financial Statements (continued)

For the year ended 30 June 2004

	2004	2003
	\$	\$
<b>3. SURPLUS FROM ORDINARY ACTIVITIES</b>		
Surplus from ordinary activities before income tax expense has been determined after:		
(a) Expenses		
Depreciation of plant and equipment	18528	20434
Amortization of leasehold improvements	26004	18935
Remuneration of the auditor		
Auditor review services	18500	14000
Other services	10922	6347
Total remuneration	<u>29422</u>	<u>20347</u>
Rental expense on operating leases		
Minimum lease payments	3000	3000
(b) Significant revenues and expenses		
The following revenue and expense items are relevant in explaining the financial performance.		
Revenue:		
Donations in respect of capital expenditure	12257	50000
Grant funded acquisition of assets (Note1(j))	4964	19582
Expense:		
Net settlement in relation to past NSW Department of Health grants	-	12652
Provision for refund of previously received tied donation upon the programme to which the donation was tied, not being able to be proceeded with at the time or in the foreseeable future.	535	22000

## SCHIZOPHRENIA FELLOWSHIP OF NEW SOUTH WALES INC. AND CONTROLLED ENTITY

**Notes to the Financial Statements** (continued)

For the year ended 30 June 2004

	<b>2004</b>	<b>2003</b>
	<b>\$</b>	<b>\$</b>
<b>4. CASH</b>		
(a) Cash		
Cash on hand	2876	1834
Fellowship operating accounts	41107	47052
Pioneer Clubhouse operating accounts	24951	25112
Pioneer Clubhouse Building Fund account	10000	8914
Pioneer Clubhouse Capital Asset Reserve account	5632	5242
Public trustee deposits	392166	292166
	<u>476732</u>	<u>380320</u>
(b) Reconciliation of cash		
Cash at the end of the financial year as shown in the statement of cash flows is reconciled to the items shown in the statement of operating position as follows:		
Cash amounts as above	476732	380320
Bank overdrafts		-
	<u>476732</u>	<u>380320</u>
<b>5. CURRENT ASSETS – Receivables</b>		
Other debtors	54680	34233
Accrued income	33153	36605
	<u>88433</u>	<u>70838</u>
<b>6. CURRENT ASSETS – Other</b>		
Prepaid expenses	<u>23841</u>	<u>22060</u>

## SCHIZOPHRENIA FELLOWSHIP OF NEW SOUTH WALES INC. AND CONTROLLED ENTITY

## Notes to the Financial Statements (continued)

For the year ended 30 June 2004

	2004	2003
	\$	\$
<b>7. INVESTMENTS</b>		
Current		
Bank Deposits	-	-
Commercial Bills of Exchange	-	-
	<u>-</u>	<u>-</u>
Non Current	<u>-</u>	<u>-</u>
Holiday Housing:		
Bank deposit	-	-
Prudential Insurance Bond at market value	-	21929
	<u>-</u>	<u>21929</u>
Controlled Entity		
Statement of financial position of Research Trust Fund		
Assets:		
Cash	1838	1832
Accrued income	135090	106919
Amount owing by Fellowship	7930	11059
Investments:		
Bank deposits/bonds	-	-
Public Trustee deposit	322000	319360
	<u>466858</u>	<u>439170</u>
Less Liabilities:		
Accruals	1810	1650
Net Assets	<u>464988</u>	<u>437520</u>
Represented by:		
Settlement sum	20	20
Reserves	400794	388373
Accumulated surpluses	64174	49127
	<u>464988</u>	<u>437520</u>

In accordance with the policy referred to in Note 1 (a), the financial position of the controlled entity of the Research Trust Fund as referred to above has not been consolidated with the financial statements of the Fellowship such as to form a set of consolidated financial statements for the economic entity for the current year.

## SCHIZOPHRENIA FELLOWSHIP OF NEW SOUTH WALES INC. AND CONTROLLED ENTITY

**Notes to the Financial Statements** (continued)

For the year ended 30 June 2004

	<b>2004</b>	<b>2003</b>
	<b>\$</b>	<b>\$</b>
<b>8. PROPERTY, PLANT AND EQUIPMENT</b>		
Office equipment at cost	64174	50314
Less accumulated depreciation	28549	(24049)
	<u>35625</u>	<u>26265</u>
Other plant and equipment at cost	32420	31600
Less accumulated depreciation	(9745)	(7105)
	<u>22675</u>	<u>24495</u>
Motor vehicle at cost	24488	24240
Less accumulated depreciation	(2448)	(3280)
	<u>22040</u>	<u>20960</u>
Clubhouse office equipment at cost	43350	41132
Less accumulated depreciation	(20107)	(15907)
	<u>23243</u>	<u>25225</u>
Clubhouse other equipment at cost	15632	15632
Less accumulated depreciation	(10429)	(8929)
	<u>5203</u>	<u>6703</u>
Clubhouse motor vehicles at cost	47639,	47530
Less accumulated depreciation	(22869)	(22437)
	<u>24770</u>	<u>25093</u>
Leasehold improvements at cost	213135	213135
Less accumulated amortization	(86645)	(60641)
	<u>126490</u>	<u>152494</u>
Clubhouse leasehold improvements at cost	4489	-
Less accumulated amortization	-	-
	<u>4489</u>	<u>-</u>
Total Property, plant and equipment	<u>264535</u>	<u>281235</u>

## SCHIZOPHRENIA FELLOWSHIP OF NEW SOUTH WALES INC. AND CONTROLLED ENTITY

## Notes to the Financial Statements (continued)

For the year ended 30 June 2004

	2004	2003
	\$	\$
<b>8. PROPERTY, PLANT AND EQUIPMENT (CONTINUED)</b>		
Movements in carrying amounts		
Office equipment		
Balance at the beginning of the year	26265	20812
Additions	13860	9953
Depreciation expenses	(4500)	(4500)
Carrying amount at the end of the year	<u>35625</u>	<u>26265</u>
Other plant and equipment		
Balance at the beginning of the year	24495	27135
Additions	(820)	-
Depreciation expenses	(2640)	(2640)
Carrying amount at the end of the year	<u>22675</u>	<u>24495</u>
Clubhouse office equipment		
Balance at the beginning of the year	25225	25789
Additions	2218	3636
Disposals	-	-
Depreciation expenses	(4200)	(4200)
Carrying amount at the end of the year	<u>23243</u>	<u>25225</u>
Clubhouse other equipment		
Balance at the beginning of the year	6703	7332
Additions	-	871
Disposals	-	-
Depreciation expenses	(1500)	(1500)
Carrying amount at the end of the year	<u>5203</u>	<u>6703</u>
Clubhouse motor vehicles		
Balance at the beginning of the year	25093	3444
Additions	26072	25963
Disposals	(20707)	-
Depreciation expenses	(5688)	(4314)
Carrying amount at the end of the year	<u>24770</u>	<u>25093</u>
Fellowship's motor vehicle		
Balance at the beginning of the year	20960	-
Additions	24488	24240
Disposals	(18500)	-
Depreciation expenses	(4908)	(3280)
Carrying amount at the end of the year	<u>22040</u>	<u>20960</u>
Leasehold improvements at cost		
Balance at the beginning of the year	152494	121850
Additions	-	49579
Amortisation expense	(26004)	(18935)
Carrying amount at the end of the year	<u>126490</u>	<u>152494</u>

## SCHIZOPHRENIA FELLOWSHIP OF NEW SOUTH WALES INC. AND CONTROLLED ENTITY

## Notes to the Financial Statements (continued)

For the year ended 30 June 2004

	2004	2003
	\$	\$
<b>8. PROPERTY PLANT AND EQUIPMENT (CONTINUED)</b>		
Clubhouse leasehold improvements at cost		
Balance at the beginning of the year	–	–
Additions during the year	4499	–
Depreciation/Amortisation expense	–	–
Carrying amount at the end of the year	<u>4499</u>	<u>–</u>
Summary		
Balance at the beginning of the year	281235	206362
Additions during the year	71947	114242
Disposals	(39207)	–
Depreciation/Amortisation expenses	(49440)	(39369)
Carrying amount at the end of the year	<u>264535</u>	<u>281235</u>
<b>9. CURRENT LIABILITIES – Payables</b>		
Creditors	2627	4246
Accruals	102980	84465
Unexpended portions of Grants received	262865	259405
Memberships in advance	3302	1488
	<u>371774</u>	<u>349604</u>
Amount owing to controlled entity		
Research Trust Fund	7930	11059
	<u>379704</u>	<u>360663</u>
<b>10. CURRENT LIABILITIES – Provisions</b>		
Employee entitlements	38740	41162
Provision for refund of previously received tied donation upon the programme to which the donation was tied not being able to proceed with this time or in the foreseeable future.	–	22000
	<u>38740</u>	<u>63162</u>
<b>11. CURRENT LIABILITIES – Creditors and Borrowings</b>		
Deposits from affiliated groups:		
Wollongong Support Group	5000	5000
On Fire Support Group	9230	150
St George Support Group	–	–
Other	7374	5415
	<u>21641</u>	<u>11093</u>

## SCHIZOPHRENIA FELLOWSHIP OF NEW SOUTH WALES INC. AND CONTROLLED ENTITY

## Notes to the Financial Statements (continued)

For the year ended 30 June 2004

	2004	2003
	\$	\$
<b>12. NON CURRENT LIABILITIES – Provisions</b>		
Employee entitlements	<u>23340</u>	<u>20951</u>
<b>13. RESERVES</b>		
GROW reserve for future expenditure on the part of the Pioneer Clubhouse	<u>10000</u>	<u>10000</u>
Capital asset acquisition reserve on the part of the Pioneer Clubhouse	<u>5000</u>	<u>5000</u>
Movement in reserves		
Reduction in capital asset acquisition reserve for future capital asset acquisition upon purchase of an asset in the year by Pioneer Clubhouse	<u>–</u>	<u>(7000)</u>
<b>14. ACCUMULATED SURPLUSES</b>		
Retained surpluses at the beginning of the year	305513	296175
Operating surplus for the year attributable to the Fellowship.	69603	2338
Transfers to/from reserves during the year	7000	7000
Accumulated surpluses at the end of the financial year	<u>375116</u>	<u>305513</u>
<b>15. LEASING COMMITMENTS</b>		
Operating lease commitments		
Being rent and capital expenditure commitments of office premises in the case of office payable		
– no later than 1 year	28000	3000
– later than 1 year but not later than 5 years	112000	12000
– later than 5 years	125500	3500
	<u>265500</u>	<u>18500</u>

The property lease is with the New South Wales Department of Health and is for a ten-year term, commencing 1/9/1999 at a fixed rate of \$250 per month.

**16. SEGMENT REPORTING**

The Fellowship, in addition to the running of one Clubhouse in the State, operates as an effective advocate on issues of mental health within the State of New South Wales.

## SCHIZOPHRENIA FELLOWSHIP OF NEW SOUTH WALES INC. AND CONTROLLED ENTITY

## Notes to the Financial Statements (continued)

For the year ended 30 June 2004

	<b>2004</b>	<b>2003</b>
	<b>\$</b>	<b>\$</b>
<b>17. CASH FLOW INFORMATION</b>		
(a) Reconciliation of Cash		
Cash on hand	2876	1834
Cash at bank	98224	104331
Cash on deposit	375632	274155
	<u>476732</u>	<u>380320</u>
(b) Reconciliation of Net Cash used in Operating Activities to Surplus from Ordinary Activities after Income Tax.		
Surplus from ordinary activity after income tax	69603	2338
Government grants included in operating result	(945230)	(945230)
Non-cash flows in surplus from ordinary activities:		
Depreciation of plant and equipment	23436	20434
Amortization of leasehold improvements	26004	18935
Investment diminution/yield	(606)	216
Provision for refund of previously made donation	535	22000
Profit on disposal of plant and equipment	(4775)	(3086)
Increase in non current provision	2389	2750
Changes in assets and liabilities:		
Decrease (Increase) in receivables	(17595)	(24115)
Decrease (Increase) in other current assets	(1781)	(11911)
Increase (Decrease) in creditors	(1618)	855
Increase (Decrease) in accruals	18514	26348
Increase (Decrease) in unexpended grants	3460	77819
Increase (Decrease) in advance memberships	1814	(797)
Increase (Decrease) in current provisions	(2442)	10669
Net cash provided by operating activities	<u>(828272)</u>	<u>(802775)</u>
(c) The Fellowship has no credit stand-by or financing facilities in place.		
(d) There were no non-cash financing or investing activities during the year.		

**18. ASSOCIATION DETAILS**

The principal place of business of the association is:  
 Building 28, Old Gladesville Hospital  
 Digby Road, Gladesville, NSW 2111

## SCHIZOPHRENIA FELLOWSHIP OF NEW SOUTH WALES INC. AND CONTROLLED ENTITY

**Detailed Operating Statement in respect of the Pioneer Clubhouse**

For the year ended 30 June 2004

	2004	2003
	\$	\$
<b>RECEIPTS</b>		
Grant – Northern Sydney Area Health Service	33,700	327700
Donations – General	8489	23351
Interest	931	692
Clubhouse Committee/general income	1361	1663
Overhead cost recoveries from grant activities	14520	–
Other Grants:		
NSW Department of Education and Training	–	20899
YWCA Department of Education and Training/Pioneer Clubhouse Partnership	17468	6509
Job NetworkJob Network – Northern Beaches	–	–*
Personal Support Programme receipts	44573	31050
Surplus on disposal of plant and equipment	2048	3086
Initiatives being the subject of the cost recoveries:		
Anniversary dinner	6667	–
Member workplace experience	3468	–
	<u>437225</u>	<u>414950</u>
<b>EXPENSES</b>		
Accreditation costs	1008	3259
Audit fees	2000	2000
Administrative charges	18700	18600
Bank charges	320	435
Conferences	45	11548
Depreciation	11388	10014
Equipment & materials	4012	4002
Electricity	3548	2230
General expenses	4461	2512
Insurance	4620	5050
Internet fees	408	1569
ICCD Membership	1008	948
Management fees	14300	14170
Maintenance	2476	2069
Motor vehicle running	6786	5476
Operating costs	5167	2021
OSTARA membership/fees	2675	2546
Outside materials/ site cleaning	3756	4069
Printing stationery & postage	8348	8617
Provision for employee entitlements	5561	3906
Staffing costs	243970	246027
Staff support/development	3300	5400
Staff advertising	2841	4286
Superannuation	20901	21483

## SCHIZOPHRENIA FELLOWSHIP OF NEW SOUTH WALES INC. AND CONTROLLED ENTITY

**Detailed Operating Statement in respect of the Pioneer Clubhouse** (continued)

For the year ended 30 June 2004

	<b>2004</b>	<b>2003</b>
	<b>\$</b>	<b>\$</b>
EXPENSES (continued)		
Telephone	4119	4980
Training	6965	5000
Travel	1119	1137
Specific grant-based expenditures (recovered):		
NSW Department of Education and Training		
Equity Development and Training Program		
Funded	–	20899
Not funded	–	2301
YWCA Department of Education and Training/Pioneer		
Clubhouse Partnership		
Funded	1468	6509
Not funded	–	–
Job NetworkJob Network – Northern Beaches		
Funded	–*	–*
Not funded	–*	–*
Specific initiatives being the subject of cost recovery		
Anniversary Dinner	3102	–
Member workplace experience	3468	–
	<u>407840</u>	<u>430846</u>
Operating surplus (deficit) for the year before the impact of significant items	29385	(8113)
Significant items – revenues and expenses:		
Revenues:		
Donations to fund capital expenditures	5000	15000
Appropriations:		
Write back of capital acquisitions reserve upon capital expenditures being incurred	–	7000
	<u>34385</u>	<u>13887</u>

\*In the prior year Job Network activity amounting to \$7,783 for each of revenue and expense was incorporated within the figures for the detailed operating statement in respect of the Pioneer Clubhouse but given that the Job Network activity is now disclosed under the report heading of Northern Beaches Job Network the comparative figures have been amended so as to include the comparative figures in that particular statement.

## SCHIZOPHRENIA FELLOWSHIP OF NEW SOUTH WALES INC. AND CONTROLLED ENTITY

**Detailed Operating Income Statement in respect of Job Network – Northern Beaches**

For the year ended 30 June 2004

	<b>2004</b>	<b>2003</b>
	<b>\$</b>	<b>\$</b>
<b>INCOME</b>		
Contract earnings	202312	7783
Contract reimbursements	13136	–
	<u>215448</u>	<u>7783</u>
<b>EXPENSES</b>		
Advertising	1792	2085
Job Seeker Disbursements	16153	–
Communications	15400	–
Computer system maintenance	6455	–
Ostara membership fees	10841	5698
Management fees	27000	–
Overheads	12000	–
General expenses	471	–
Staffing costs	72007	–
Superannuation	6200	–
Provision for staff entitlements	4346	–
	<u>172665</u>	<u>7783</u>
Operating surplus for the year	<u>42783</u>	<u>–</u>

## SCHIZOPHRENIA FELLOWSHIP OF NEW SOUTH WALES INC. AND CONTROLLED ENTITY

**Detailed Operating Statement in respect of Respite & Recreation**

For the year ended 30 June 2004

	<b>2004</b>	<b>2003</b>
	<b>\$</b>	<b>\$</b>
<b>RECEIPTS</b>		
Interest	2675	2553
Donations	-	-
Investment earnings on Insurance Bond	606	(216)
	<u>3281</u>	<u>2337</u>
<b>EXPENSES</b>		
Bank charges	-	-
	<u>-</u>	<u>-</u>
Operating surplus for the year before the impact of any significant items	3281	2337
Significant items – revenue and expenses		
Expenses:		
Provision for refund of previously received tied donation upon the programme to which the donation was tied, not being able to be proceeded with at this time or in the foreseeable future	(535)	(22000)
Operating surplus(deficit) for ordinary activities and inclusive of significant items	<u>2746</u>	<u>(19663)</u>

**Statement by Members of the Management Committee**

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In the opinion of the Management Committee the financial report set out on pages 2 to 23

1. Presents a true and fair view of the financial position of the Schizophrenia Fellowship of New South Wales Inc. and controlled entity as at 30 June 2004 and its performance for the year ended on that date in accordance with Australian Accounting Standards, mandatory professional reporting requirements and other authoritative pronouncements of the Australian Accounting Standards Board.

2. At the date of this statement there are reasonable grounds to believe that the Fellowship will be able to pay its debts as and when they fall due.

This statement is made in accordance with a resolution of the Management Committee and is signed for and on behalf of the Management Committee by:



Frank Walker

Sydney  
10 September 2004

**Scope**

We have audited the financial report, being the Statement of Financial Performance, Statement of Financial Position, Statement of Cash Flows, notes to and forming part of the financial report and the Statement by the Members of the Management Committee of the Schizophrenia Fellowship of New South Wales Inc. for the year ended 30 June 2004 as set out on pages 2 to 23. The Management Committee of the Fellowship is responsible for the preparation and presentation of the financial report. We have conducted an independent audit of the financial report in order to express an opinion on it to the members of the Fellowship.

Our audit has been conducted in accordance with Australian Auditing Standards to provide reasonable assurance whether the financial report is free of material misstatement. Our procedures included examination, on a test basis, of evidence supporting the amounts and other disclosures in the financial report, and the evaluation of accounting policies and significant accounting estimates. These procedures have been undertaken to form an opinion whether, in all material respects, the financial report is presented fairly in accordance with Accounting Standards and other mandatory professional reporting requirements in Australia so as to present a view which is consistent with our understanding of the Fellowship's financial position and performance as represented by the results of its operations and its cash flows.

The audit opinion expressed in this report has been formed on the above basis.

**Audit Opinion**

In our opinion, the financial report of the Schizophrenia Fellowship of NSW Inc. presents a true and fair view in accordance with applicable Accounting Standards and other mandatory professional reporting requirements in Australia the financial position of the Schizophrenia Fellowship of New South Wales Inc. as at 30 June 2004, and the results of its operations and its cash flows for the year then ended.

Wallace & Barrow  
Chartered Accountants



Terry Borella  
Partner

Sydney  
10 September 2004

Level 57  
MLC Centre  
Martin Place  
SYDNEY NSW 2000

## SCHIZOPHRENIA FELLOWSHIP OF NEW SOUTH WALES RESEARCH TRUST FUND

**Statement of Financial Performance**

For the year ended 30 June 2004

	<b>Notes</b>	<b>2004</b>	<b>2003</b>
		<b>\$</b>	<b>\$</b>
Revenue from ordinary activities	2	43328	43327
Other expenses from ordinary activities		<u>(15770)</u>	<u>(11950)</u>
Profit from ordinary activities before income tax expense	3	27468	31377
Income tax expense relating to ordinary activities	1(a)	<u>—</u>	<u>—</u>
Net profit from ordinary activities after income tax expense attributable to the trust		27468	31377
Total changes in equity		<u>27468</u>	<u>31377</u>

*The accompanying notes form part of this financial report.*

## SCHIZOPHRENIA FELLOWSHIP OF NEW SOUTH WALES RESEARCH TRUST FUND

**Statement of Financial Position**

For the year ended 30 June 2004

	Notes	2004 \$	2003 \$
<b>CURRENT ASSETS</b>			
Cash assets	4	323838	321192
Receivables	5	143020	117978
<b>Total Current Assets</b>		<u>466858</u>	<u>439170</u>
<b>NON CURRENT ASSETS</b>			
Other financial assets		-	-
Plant & equipment		-	-
<b>Total Non Current Assets</b>		<u>-</u>	<u>-</u>
<b>Total Assets</b>		<u>466858</u>	<u>439170</u>
<b>CURRENT LIABILITIES</b>			
Payables		1870	1650
Current tax liabilities	1(a)	-	-
<b>Total Current Liabilities</b>		<u>1870</u>	<u>1650</u>
<b>NON CURRENT LIABILITIES</b>			
Interest bearing liabilities		-	-
<b>Total Non Current Liabilities</b>		<u>-</u>	<u>-</u>
<b>Total Liabilities</b>		<u>1870</u>	<u>1650</u>
<b>Net Assets</b>		<u>464988</u>	<u>437520</u>
<b>EQUITY</b>			
Settlement sum		20	20
Reserves	6	400794	388373
Accumulated earnings	7	64174	49127
<b>Total Equity</b>		<u>464988</u>	<u>437520</u>

*The accompanying notes form part of this financial report.*

## SCHIZOPHRENIA FELLOWSHIP OF NEW SOUTH WALES RESEARCH TRUST FUND

**Statement of Cash Flows**

For the year ended 30 June 2004

	Notes	2004 \$	2003 \$
<b>Cash flows from operating activities</b>			
Receipts from donations and refunds received		15062	17544
Payments to suppliers and other		(15550)	(11950)
Interest received		5	5
<b>Net cash provided (used) by operating activities</b>	9(b)	<u>(483)</u>	<u>5599</u>
<b>Cash flows from investing activities</b>			
Payments for property, plant and equipment		-	-
Payments for investments		-	-
Redemption of investments		-	-
Loans/repayments from related parties		15550	9310
Loans to related parties		(12421)	(17544)
Proceeds from sale of property, plant and equipment		-	-
<b>Net cash provided (used) by investing activities</b>		<u>3129</u>	<u>(8234)</u>
<b>Cash flows from financing activities</b>			
Proceeds from borrowings		-	-
Repayments of borrowings		-	-
Repayment of lease liabilities		-	-
<b>Net cash provided (used) by financing activities</b>		<u>-</u>	<u>-</u>
<b>Net increase (decrease) in cash held</b>		2646	(2635)
Cash at the beginning of the financial year		321192	323827
<b>Cash at the end of the financial year</b>	9(a)	<u><u>323838</u></u>	<u><u>321192</u></u>

*The accompanying notes form part of this financial report.*

## SCHIZOPHRENIA FELLOWSHIP OF NEW SOUTH WALES RESEARCH TRUST FUND

**Notes to the Financial Statements**


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For the year ended 30 June 2004

**1. STATEMENT OF SIGNIFICANT ACCOUNTING POLICIES**

This financial report is a general purpose financial report that has been prepared in accordance with Australian Accounting Standards, Urgent Issues Consensus Views and other authoritative pronouncements of the Australian Accounting Standards Board.

The financial report has also been prepared on an accruals basis and is based on historical costs and does not take into account changing money values or, except where stated, current valuations of non current assets. Cost is based on the fair values of the consideration given in exchange for assets. The accounting policies have been consistently applied unless otherwise stated.

The following is a summary of the material accounting policies adopted by the trust in the preparation of the financial report.

**(a) Income Tax**

Under current taxation legislation the fund is not liable to income tax.

**(b) Acquisitions of Assets**

The cost method of accounting is used for all acquisitions of assets regardless of whether units or other assets are acquired.

**(d) Investments**

Investments are brought to account at cost or trustees' valuation. The carrying amount of investments is reviewed annually by the trustees to ensure that it is not in excess of the recoverable amount of those investments.

**(e) Cash**

For purposes of the statement of cash flows, cash includes deposits at call which are readily convertible to cash on hand and which are used in the cash management function on a day-to-day basis, net of outstanding bank overdrafts.

**(f) Transfers to Reserves**

In order to maintain the core elements of the fund, the trustees transfer out of the result for the year the amount of donation income included in the profit for the year, to a separate reserve termed "Capital Account Donations".

In addition to the transfer of the donations receipts in the year as referred to immediately above, the trustees, in certain circumstances, elect to transfer an amount of accumulated surplus to a separate reserve account intended as being a means of maintaining the real purchasing power of the capital of the trust fund. The Consumer Price Index is utilised as the applied factor in such cases.

**(g) Revenues**

Dividends and earnings from investments are brought to account when earned. Interest is recorded as income on a daily accruals basis.

**(h) Adoption of Australian Equivalents to International Reporting Standards**

Australia is currently preparing for the introduction of International Financial Reporting Standards (IFRS) effective for financial years commencing 1 January 2005. This requires the production of accounting data for future comparative purposes at the end of the current financial year.

## SCHIZOPHRENIA FELLOWSHIP OF NEW SOUTH WALES RESEARCH TRUST FUND

**Notes to the Financial Statements** (continued)

For the year ended 30 June 2004

The trustees of the trust are assessing the significance of these changes and preparing for their implementation.

The trustees are of the opinion that the key differences in the Trust's accounting policies which will arise from the adoption of IFRS are:

## Non-Current Investments:

Under the pending AASB 139 Financial Instruments: Recognition and Measurement, financial instruments that are classified as available for sale instruments must be carried at fair value. Unrealised gains or losses may be recognised either in income or directly to equity. Current accounting policy is to measure non-current investments at cost, with an annual review by directors to ensure that the carrying amounts are not in excess of the recoverable value of the instrument.

	<b>2004</b>	<b>2003</b>
	\$	\$
<b>2. REVENUE</b>		
Operating activities		
– Donations	12421	17544
– Interest received/receivable	27094	25783
– Refund of previously paid Public Trustee fees	3713	–
Total Revenue	<u>43228</u>	<u>43327</u>
<b>3. PROFIT FROM ORDINARY ACTIVITIES</b>		
Profit from ordinary activities before income tax expense has been determined after:		
Expenses:		
– Remuneration of the auditor		
Auditor review	935	750
Other services	<u>935</u>	<u>750</u>
	<u>1870</u>	<u>1500</u>
<b>4. CURRENT ASSETS – Cash</b>		
Cash at bank	1838	1832
Deposits at call:	<u>322000</u>	<u>319360</u>
Public Trustee NSW	<u>323838</u>	<u>321192</u>

The above figures are reconciled to cash at the end of the financial year as shown in the statement of cash flows.

*The accompanying notes form part of this financial report.*

## SCHIZOPHRENIA FELLOWSHIP OF NEW SOUTH WALES RESEARCH TRUST FUND

## Notes to the Financial Statements (continued)

For the year ended 30 June 2004

	2004	2003
	\$	\$
<b>5. CURRENT ASSETS – Receivables</b>		
Interest receivable	135090	106919
Amounts receivable from related parties:		
Schizophrenia Fellowship of New South Wales Inc. (Controlling Entity).	7930	11059
	<u>143020</u>	<u>117978</u>
<b>6. RESERVES</b>		
Capital Account (Donations):		
Movements during the year:		
Opening balance	367713	350169
Transfer from retained profits	12421	17544
	<u>380134</u>	<u>367713</u>
Closing balance	<u>380134</u>	<u>367713</u>
Capital Account – C.P.I Reserve		
Movements during the year:		
Opening balance	20660	20660
Transfer from retained profits	–	–
	<u>20660</u>	<u>20660</u>
Closing balance	<u>20660</u>	<u>20660</u>
Total reserves	<u>400794</u>	<u>388373</u>
<b>7. RETAINED PROFITS</b>		
Retained profits at the beginning of the year	49127	35294
Net profit attributable to the trust	27468	31377
Transfer to Capital Account reserve (donation)	(12421)	(17544)
	<u>64174</u>	<u>49127</u>
Retained profits at the end of the financial year	<u>64174</u>	<u>49127</u>
<b>8. RELATED PARTY TRANSACTIONS</b>		
Transactions within the Wholly-owned Group		
Transactions within Controlling Entity (Schizophrenia Fellowship of New South Wales Inc.)		
Current:		
Unsecured interest free at call loans provided to Controlling Entity	1930	11059
Advances paid during the year	15550	17544
Loan repayments received during the year	12421	9310

The accompanying notes form part of this financial report.

## SCHIZOPHRENIA FELLOWSHIP OF NEW SOUTH WALES RESEARCH TRUST FUND

## Notes to the Financial Statements (continued)

For the year ended 30 June 2004

	2004	2003
	\$	\$
<b>9. CASH FLOW INFORMATION</b>		
(a) Reconciliation of Cash		
Cash at the end of the financial year as shown in the statement of Cash Flows is reconciled to the related items in the statement of financial position as follows:		
Cash at bank:	1838	1832
Deposits at call: Public Trustee NSW	322000	319360
	<u>323838</u>	<u>321192</u>
(b) Reconciliation of Net Cash used in Operating Activities to surplus from Ordinary Activities after Income Tax:		
Profit from ordinary activities after income tax	27468	31377
Change in operating assets and liabilities:		
(Increase) in interest receivable/other debtors	(28171)	(25778)
Increase (decrease) in creditors	220	-
	<u>(483)</u>	<u>5599</u>

**10. SEGMENT REPORTING**

The Trust operates in one business and geographical segment, being a Fund within the State of New South Wales for the purposes of funding research projects into aspects of Schizophrenia.

**11. TRUST DETAILS**

The principal place of business of the trust is that of C/- Schizophrenia Fellowship of New South Wales Inc. Building 37, Digby Road, Old Gladesville Hospital, Gladesville NSW and its principal activities are the raising and subsequent investment of funds as a means of financing grant applications to the trust on the part of entities/individuals seeking to carry out research projects into aspects of Schizophrenia.

INDEPENDENT AUDIT REPORT TO THE TRUSTEES OF THE **SCHIZOPHRENIA FELLOWSHIP**  
**OF NEW SOUTH WALES RESEARCH TRUST FUND**

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### Scope

We have audited the financial report of the Schizophrenia Fellowship of New South Wales Research Trust Fund for the year ended 30 June 2004 as set out on pages 25 to 31. The Trustees of the trust are responsible for the preparation of the financial report of the trust. We have conducted an independent audit of the financial report in order to express an opinion on it to the trustees.

Our audit has been conducted in accordance with Australian Auditing Standards to provide reasonable assurance as to whether the financial report is free of material misstatement. Our procedures included examination, on a test basis, of evidence supporting the amounts and other disclosures in the financial report, and the evaluation of accounting policies and significant accounting estimates. These procedures have been undertaken to form an opinion as to whether, in all material respects, the financial report is presented fairly in accordance with Accounting Standards and other mandatory professional reporting requirements so as to present a view which is consistent with our understanding of the trust's financial position, the results of its operations and its cash flows.

The audit opinion expressed in this report has been formed on the above basis.

### Opinion

In our opinion, the financial report presents fairly in accordance with applicable Accounting Standards and other mandatory professional reporting requirements, the financial position of the Schizophrenia Fellowship of New South Wales Research Trust Fund as at 30 June 2004, the results of its operations and its cash flows for the year then ended.

Wallace & Barrow  
Chartered Accountants



Terry Borella  
Partner

Sydney  
10 September 2004

Level 57  
MLC Centre  
SYDNEY NSW 2001

SCHIZOPHRENIA FELLOWSHIP OF NEW SOUTH WALES RESEARCH TRUST FUND

**Trustees' Declaration**

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The Trustees of the Schizophrenia Fellowship of New South Wales Inc., declare that:

1. the financial statements and notes, as set out on pages 25 to 33, present fairly the trust's financial position as at 30 June 2004 and its performance for the year the ended on that date in accordance with Australian Accounting Standards and other mandatory professional reporting requirements;
2. in the opinion of the trustees, there are reasonable grounds to believe that the trust will be able to pay its debts as and when they become due and payable.

This declaration is made in accordance with a resolution of the Trustees of the trust by:



John McAuliffe

Sydney  
10 September 2004

## SCHIZOPHRENIA FELLOWSHIP OF NEW SOUTH WALES RESEARCH TRUST FUND

**Compilation Report**

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TO THE TRUSTEES OF SCHIZOPHRENIA FELLOWSHIP OF NEW SOUTH WALES RESEARCH TRUST FUND

**Scope**

On the basis of the information provided by the trustees of the Schizophrenia Fellowship of New South Wales Research Trust Fund we have compiled in accordance with APS 9 "Statement on Compilation of Financial Reports" the special purpose financial report of Schizophrenia Fellowship of New South Wales Research Trust Fund for the year ended 30 June 2004 comprising the attached Detailed Profit and Loss Statement.

The specific purpose for which the special purpose financial report has been prepared is to provide financial information to the trustees. Accounting Standards and other mandatory professional reporting requirements have not been adopted in the preparation of the special purposes financial report.

The trustees are solely responsible for the information contained in the special purpose financial report and have determined that the accounting policies used are consistent with the financial reporting requirements of the Trust's constitution and are appropriate to meet the needs of the trustees for the purposes of meeting their requirements under the Trust Deed.

Our procedures use accounting expertise to collect, classify and summarise the financial information, which the trustees provided into a financial report. Our procedures do not include verification or validation procedures. No audit or review has been performed and accordingly no assurance is expressed.

To the extent permitted by law, we do not accept liability for any loss or damage which any person, other than the Trust, may suffer arising from any negligence on our part. No person should rely on the special purpose financial report without having an audit or review conducted.

The special purpose financial report was prepared for the benefit of the trustees and the purpose identified above. We do not accept responsibility to any other person for the contents of the special purpose financial report.

Wallace & Barrow  
Chartered Accountants



Terry Borella  
Partner

Sydney  
10 September 2004

Level 57  
MLC Centre  
SYDNEY NSW 2001

## SCHIZOPHRENIA FELLOWSHIP OF NEW SOUTH WALES RESEARCH TRUST FUND

**Detailed Profit and Loss Statement**

For the year ended 30 June 2004

	<b>2004</b>	<b>2003</b>
	<b>\$</b>	<b>\$</b>
<b>INCOME</b>		
Donations	12421	17544
Interest received	27094	25783
Refund of Public Trustee administration fees	3723	-
	<u>43238</u>	<u>43327</u>
<b>LESS EXPENSES</b>		
Accountancy	935	750
Audit fees	935	750
Public Trustee administration fees	-	2640
Small grant awards	13750	7810
Miscellaneous registrations	150	-
	<u>15770</u>	<u>11950</u>
Operating profit (loss) before income tax	<u>27468</u>	<u>31377</u>

*This report should be read in conjunction with the attached compilation report from Wallace & Barrow, Chartered Accountants.*