

## VIDEOS, DVDs & CD ROMs

### Videos

- Me Depressed? Don't make me  
laugh (Depression) Presented by Spike Milligan \$35.00
- I Think They Think—overcoming social  
stigma \$35.00
- Fight or Flight—Overcoming panic  
disorder and agoraphobia \$35.00
- Manic Depressive Illness (A guide to  
living it) In consultation with Prof Phillip Mitchell \$35.00
- Living with Schizophrenia—  
in consultation with Dr Andy Campbell \$35.00
- Unchaining the Mind—Advances in  
schizophrenia—SFNSW Inc \$25.00
- Unchanging the Mind—DVD version  
Schizophrenia Fellowship of NSW Inc. \$25.00
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### CD ROMs Title & Prices

- Changing Mind (For school & young people)  
Royal College of Psychiatrists \$50.00
- Unchaining the Mind—Advances in  
schizophrenia—SFNSW Inc \$25.00

## YOUR PAYMENT DETAILS

### ORDER SUMMARY

Total Order & postage \$ \_\_\_\_\_  
Total Fact Sheet Order & postage \$ \_\_\_\_\_  
Total Video/DVDs/CDs Order & postage \$ \_\_\_\_\_  
Total Merchandise Order & postage \$ \_\_\_\_\_  
TOTAL ORDER \$ \_\_\_\_\_  
*\*(Prices include GST)*

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Suburb: \_\_\_\_\_

Postcode: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Please tick your Method of Payment:

Cheque - (payable to the Schizophrenia Fellowship of NSW Inc.)

Please charge my credit card: \$ \_\_\_\_\_

Visa

American Express

MasterCard

Credit card No: \_\_\_\_\_

Exp. date \_\_\_\_\_

Cardholder Name: \_\_\_\_\_

Signature: \_\_\_\_\_



## Resources List

### Schizophrenia Fellowship of NSW Inc.

Building 36, Digby Road  
Old Gladesville Hospital  
GLADESVILLE NSW 2111

Postal Address  
Locked Bag 5014  
GLADESVILLE NSW 1675

Phone: 02 9879 2600  
Fax: 02 9879 2699  
E-mail: [resources@sfnsw.org.au](mailto:resources@sfnsw.org.au)  
Website: [www.sfnsw.org.au](http://www.sfnsw.org.au)

**Books**  
**Videos**  
**DVDs**  
**CD roms**  
**Brochures**  
**Fact-Sheets**  
**Posters**

## BOOKS

### Title & Price

Surviving Schizophrenia A Family Manual— <i>Dr E Fuller Torrey</i>	\$29.00	<input type="checkbox"/>
School Education Kit <i>Schizophrenia Fellowship of NSW Inc</i>	\$22.00	<input type="checkbox"/>
Pioneering Spirit: The story of Pioneer Clubhouse	\$15.00	<input type="checkbox"/>
The Winter Sun <i>Poems by Therese Giffney</i>	\$14.00	<input type="checkbox"/>
Insights—Poetry & Prose <i>Edited by Barbara Ramjan</i>	\$15.00	<input type="checkbox"/>
From Seed to Sunflower: A History of the Schizophrenia Fellowship of NSW 1985-2010	\$22.00	<input type="checkbox"/>
The Secret of the Brain Chip <i>Mark D Hert, Geerd Magiels, Erik Thys</i>	\$5.00	<input type="checkbox"/>
I am not sick, I don't need help <i>by Xavier Amador</i>	\$35.00	<input type="checkbox"/>
Turning Points <i>Stories of families living with schizophrenia</i>	free	<input type="checkbox"/>
Who are you? <i>Poetry by members of Harmony House</i>	\$12.00	<input type="checkbox"/>
A Window into Schizophrenia <i>by Rosalind Sharbanee Meyer</i>	\$35.00	<input type="checkbox"/>
Poetry Compilation 2006 <i>SFNSW Poetry Competition collection</i>	\$12.00	<input type="checkbox"/>
Poetry Compilation 2007 <i>SFNSW Poetry Competition collection</i>	\$12.00	<input type="checkbox"/>
Poetry Compilation 2008 <i>SFNSW Poetry Competition collection</i>	\$12.00	<input type="checkbox"/>

Please note: Above prices include GST, postage and handling

## Mental Illness Fact Sheets

This series is a compilation of up-to-date, factual and easy-to-read fact sheets (30 in total) on all aspects of mental illness. This series provides information on medications, support services, the mental health service in NSW, various mental illness as well as carer specific information, etc, etc. These are also available through our website and free to download. Visit [www.sfnsw.org.au](http://www.sfnsw.org.au) and go to "Publications".

### i. Full series at \$15.00 per set + \$4.00 postage

total No of sets  Total costs

### ii. Bulk Order Pack(s): 50 copies of single titles of your choice

(Please indicate the number of bulk order packs in selected boxes)



#### 1. Understanding Mental Illness:

Understanding psychosis	<input type="checkbox"/>
Understanding schizophrenia	<input type="checkbox"/>
Understanding bipolar disorder	<input type="checkbox"/>
Understanding schizoaffective disorder	<input type="checkbox"/>
Understanding depression	<input type="checkbox"/>
Understanding anxiety	<input type="checkbox"/>
Understanding borderline personality disorder	<input type="checkbox"/>
Understanding suicide and mental illness	<input type="checkbox"/>
Understanding mental illness and violence	<input type="checkbox"/>
Psychosis—general information on the process and treatment of psychosis	<input type="checkbox"/>

#### 2. Personal Accounts:

Feeling the impact of mental illness: The emotional journal	<input type="checkbox"/>
An account of hallucination and delusions	<input type="checkbox"/>
Being loyal to wellness	<input type="checkbox"/>
What it's like to be a carer	<input type="checkbox"/>

## Mental Illness Fact Sheets

### 3. Mental illness & drugs & alcohol:

Understanding dual diagnosis: mental illness & substance abuse	<input type="checkbox"/>
Bipolar disorder & alcohol & drug use	<input type="checkbox"/>
Substance use-stages of change model	<input type="checkbox"/>
Cannabis and psychosis	<input type="checkbox"/>

### 4. Useful information for family and friends:

What can friends and family do to help a person experiencing mental illness	<input type="checkbox"/>
Family and carer supports and services	<input type="checkbox"/>
Frequently asked question about mental illness	<input type="checkbox"/>
Collaborating with professionals for the best outcomes	<input type="checkbox"/>
Signs of mental illness and what to do	<input type="checkbox"/>
Effective communication	<input type="checkbox"/>
Mental health services delivery framework in NSW	<input type="checkbox"/>
Mental health legal framework in NSW	<input type="checkbox"/>

### 5. Mental Illness theory and Models:

Stress-vulnerability, coping models of mental illness	<input type="checkbox"/>
Psychiatric medications	<input type="checkbox"/>
Bio-psycho-social model in action	<input type="checkbox"/>
Beautiful minds can be recovered	<input type="checkbox"/>

**Bulk order packs \$12.50 per pack**  
Postage and handling costs:  
**1 pack: \$4.00—2-10 packs \$10.00**