

Module 10

What Comes Next?

Demystifying Research

Module 10: What comes next?

You've completed the Training Course. Congratulations!

We have now completed our 'Demystifying Research' course. We are about to begin using what we have learnt to launch forwards into our research study!

Together, before we celebrate, let's read the following:

Reading: read individually, or a volunteer can read aloud.

There has been a growing expectation and acceptance that consumers should be more actively and more genuinely involved in mental health research. In many areas of health research, consumer involvement is regarded as a necessary component of good practice. The once 'secret domain' of the researcher or clinical expert should become one that engages and genuinely collaborates with the consumer. To really share and conduct research together with consumer researchers, academic researchers need to share the knowledge of research! Without sharing the language and steps involved in research with our consumer researchers, their participation will remain token. Congratulations to you all for taking the first step of ensuring that your research project will be one that empowers, engages and truly collaborates with everyone within the team!

SUMMARY:

Whilst there is always more to learn, and learning never ends for any of us, together we have learnt enough to start our research journey as a team, with shared knowledge and shared understanding.

Time to celebrate!